US HARBORS www.USHarbors.com

Poughkeepsie, NY - Apr 2061

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	11:15	3.2	11:43	3.2	5:13	0.2	5:49	-0.1	6:37	7:21	
2	Sat			12:02	3.2	6:03	0.1	6:33	-0.1	6:35	7:22	
3	Sun	12:26	3.4	12:43	3.3	6:50	0.0	7:14	-0.2	6:33	7:23	
4	Mon	1:04	3.5	1:21	3.2	7:34	-0.1	7:52	-0.1	6:32	7:24	
5	Tue	1:41	3.5	1:58	3.2	8:16	-0.1	8:28	0.0	6:30	7:25	
6	Wed	2:16	3.5	2:35	3.0	8:55	-0.1	9:02	0.1	6:28	7:27	
7	Thu	2:50	3.4	3:13	2.9	9:32	0.0	9:33	0.2	6:27	7:28	
8	Fri	3:24	3.3	3:53	2.7	10:07	0.1	10:01	0.4	6:25	7:29	
9	Sat	3:59	3.2	4:36	2.6	10:43	0.3	10:27	0.6	6:23	7:30	
10	Sun	4:36	3.0	5:24	2.4	11:21	0.5	10:56	0.7	6:22	7:31	
11	Mon	5:19	2.9	6:14	2.4			12:10	0.6	6:20	7:32	
12	Tue	6:09	2.8	7:05	2.3			1:19	0.7	6:19	7:33	
13	Wed	7:04	2.8	8:00	2.4	12:49	1.0	2:28	0.7	6:17	7:34	
14	Thu	8:05	2.8	9:00	2.5	2:29	0.9	3:26	0.5	6:15	7:35	
15	Fri	9:13	2.9	10:00	2.8	3:38	0.8	4:17	0.3	6:14	7:36	
16	Sat	10:17	3.1	10:52	3.1	4:34	0.5	5:04	0.1	6:12	7:38	
17	Sun	11:12	3.3	11:37	3.5	5:27	0.2	5:48	-0.1	6:11	7:39	
18	Mon			12:00	3.4	6:18	-0.1	6:33	-0.3	6:09	7:40	
19	Tue	12:20	3.8	12:46	3.5	7:09	-0.3	7:19	-0.4	6:08	7:41	
20	Wed	1:02	4.0	1:33	3.5	8:00	-0.5	8:06	-0.4	6:06	7:42	
21	Thu	1:48	4.1	2:23	3.4	8:50	-0.5	8:52	-0.4	6:05	7:43	
22	Fri	2:36	4.1	3:17	3.3	9:40	-0.5	9:40	-0.3	6:03	7:44	
23	Sat	3:31	4.0	4:18	3.2	10:32	-0.3	10:30	-0.1	6:02	7:45	
24	Sun	4:31	3.7	5:23	3.0	11:28	-0.1	11:27	0.2	6:00	7:46	
25	Mon	5:37	3.5	6:27	3.0			12:31	0.1	5:59	7:47	
26	Tue	6:41	3.3	7:28	2.9	12:36	0.4	1:39	0.2	5:57	7:48	
27	Wed	7:43	3.2	8:29	3.0	1:50	0.6	2:44	0.2	5:56	7:50	
28	Thu	8:46	3.1	9:30	3.0	2:59	0.6	3:41	0.2	5:55	7:51	
29	Fri	9:49	3.0	10:27	3.2	3:59	0.5	4:31	0.1	5:53	7:52	
30	Sat	10:45	3.0	11:15	3.3	4:53	0.4	5:16	0.1	5:52	7:53	