US HARBORS www.USHarbors.com

Poughkeepsie, NY - Jun 2061

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	12:02	3.6	12:26	2.8	6:43	0.3	6:40	0.4	5:23	8:24	
2	Thu	12:39	3.6	1:06	2.8	7:26	0.2	7:20	0.4	5:22	8:25	
3	Fri	1:14	3.6	1:46	2.8	8:08	0.2	8:00	0.5	5:22	8:25	
4	Sat	1:49	3.6	2:26	2.8	8:48	0.2	8:39	0.5	5:22	8:26	
5	Sun	2:23	3.5	3:07	2.7	9:27	0.2	9:15	0.6	5:21	8:27	
6	Mon	2:57	3.4	3:51	2.7	10:04	0.2	9:49	0.7	5:21	8:27	
7	Tue	3:35	3.3	4:37	2.6	10:41	0.3	10:25	0.8	5:21	8:28	
8	Wed	4:19	3.2	5:24	2.7	11:21	0.3	11:07	0.8	5:21	8:28	
9	Thu	5:09	3.2	6:08	2.8			12:05	0.4	5:20	8:29	
10	Fri	6:02	3.2	6:53	3.0	12:03	0.9	12:57	0.4	5:20	8:30	
11	Sat	6:55	3.1	7:41	3.2	1:20	0.8	1:53	0.3	5:20	8:30	
12	Sun	7:51	3.1	8:34	3.4	2:34	0.7	2:49	0.3	5:20	8:31	
13	Mon	8:54	3.0	9:33	3.6	3:40	0.5	3:43	0.1	5:20	8:31	
14	Tue	10:02	3.1	10:33	3.9	4:39	0.3	4:37	0.0	5:20	8:31	
15	Wed	11:06	3.1	11:29	4.1	5:36	0.0	5:31	-0.1	5:20	8:32	
16	Thu			12:04	3.2	6:32	-0.2	6:26	-0.1	5:20	8:32	
17	Fri	12:22	4.2	1:00	3.3	7:27	-0.3	7:23	-0.1	5:20	8:33	
18	Sat	1:14	4.2	1:56	3.3	8:21	-0.4	8:19	-0.1	5:20	8:33	
19	Sun	2:09	4.1	2:54	3.3	9:13	-0.4	9:12	0.0	5:21	8:33	
20	Mon	3:06	4.0	3:55	3.3	10:03	-0.4	10:05	0.1	5:21	8:33	
21	Tue	4:05	3.8	4:55	3.3	10:53	-0.2	10:58	0.3	5:21	8:34	
22	Wed	5:04	3.6	5:51	3.3	11:44	-0.1	11:55	0.5	5:21	8:34	
23	Thu	5:59	3.4	6:43	3.3			12:38	0.1	5:22	8:34	
24	Fri	6:50	3.2	7:32	3.3	12:58	0.7	1:33	0.3	5:22	8:34	
25	Sat	7:40	3.0	8:20	3.3	2:01	0.7	2:25	0.4	5:22	8:34	
26	Sun	8:30	2.8	9:09	3.3	3:00	0.7	3:13	0.5	5:23	8:34	
27	Mon	9:26	2.7	9:59	3.3	3:55	0.7	3:59	0.5	5:23	8:34	
28	Tue	10:22	2.6	10:48	3.4	4:44	0.6	4:42	0.6	5:24	8:34	
29	Wed	11:14	2.7	11:32	3.5	5:31	0.5	5:25	0.6	5:24	8:34	
30	Thu			12:00	2.7	6:16	0.4	6:08	0.6	5:25	8:34	