US HARBORS www.USHarbors.com

Poughkeepsie, NY - Sep 2061

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	1:51	3.8	2:16	3.6	8:42	-0.1	8:59	0.2	6:22	7:28	
2	Fri	2:30	3.7	2:55	3.7	9:19	-0.1	9:43	0.2	6:23	7:26	
3	Sat	3:14	3.6	3:40	3.8	9:55	0.0	10:29	0.2	6:24	7:25	
4	Sun	4:04	3.4	4:31	3.8	10:34	0.1	11:21	0.4	6:25	7:23	
5	Mon	5:02	3.2	5:29	3.7	11:20	0.2			6:26	7:21	
6	Tue	6:04	3.1	6:30	3.7	12:26	0.5	12:18	0.4	6:27	7:20	
7	Wed	7:08	3.0	7:33	3.6	1:40	0.6	1:33	0.6	6:28	7:18	
8	Thu	8:15	2.9	8:42	3.6	2:52	0.6	2:49	0.6	6:29	7:16	
9	Fri	9:28	3.0	9:55	3.6	3:56	0.4	3:56	0.5	6:30	7:15	
10	Sat	10:36	3.2	10:59	3.7	4:53	0.3	4:56	0.4	6:31	7:13	
11	Sun	11:33	3.4	11:52	3.8	5:45	0.1	5:51	0.3	6:32	7:11	
12	Mon			12:22	3.6	6:33	0.0	6:43	0.2	6:33	7:09	
13	Tue	12:38	3.9	1:07	3.7	7:19	-0.1	7:32	0.1	6:34	7:08	
14	Wed	1:20	3.8	1:49	3.8	8:02	-0.1	8:18	0.1	6:35	7:06	
15	Thu	2:02	3.7	2:30	3.8	8:42	0.0	9:01	0.2	6:36	7:04	
16	Fri	2:43	3.5	3:11	3.7	9:20	0.1	9:43	0.3	6:37	7:02	
17	Sat	3:26	3.3	3:53	3.6	9:54	0.3	10:23	0.5	6:38	7:01	
18	Sun	4:11	3.1	4:36	3.5	10:27	0.5	11:05	0.7	6:39	6:59	
19	Mon	5:00	2.9	5:22	3.3	10:59	0.8	11:52	0.8	6:40	6:57	
20	Tue	5:51	2.7	6:10	3.2	11:33	1.0			6:41	6:55	
21	Wed	6:43	2.6	6:59	3.1	12:52	1.0	12:25	1.1	6:42	6:54	
22	Thu	7:37	2.5	7:52	3.1	1:59	1.0	1:47	1.2	6:43	6:52	
23	Fri	8:35	2.5	8:50	3.1	3:01	1.0	2:58	1.2	6:45	6:50	
24	Sat	9:37	2.6	9:50	3.2	3:55	0.8	3:56	1.0	6:46	6:48	
25	Sun	10:32	2.8	10:43	3.4	4:42	0.7	4:47	0.8	6:47	6:47	
26	Mon	11:17	3.1	11:28	3.6	5:25	0.4	5:34	0.6	6:48	6:45	
27	Tue	11:55	3.3			6:06	0.2	6:20	0.4	6:49	6:43	
28	Wed	12:07	3.7	12:31	3.6	6:47	0.1	7:06	0.2	6:50	6:42	
29	Thu	12:46	3.8	1:07	3.8	7:27	-0.1	7:53	0.0	6:51	6:40	
30	Fri	1:25	3.8	1:44	4.0	8:08	-0.1	8:40	-0.1	6:52	6:38	