US HARBORS www.USHarbors.com

Poughkeepsie, NY - Dec 2061

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	3:36	3.1	3:51	3.6	9:44	0.0	10:40	-0.2	7:03	4:26	
2	Fri	4:41	3.0	4:55	3.4	10:45	0.2	11:42	0.0	7:04	4:25	
3	Sat	5:41	3.0	5:53	3.2	11:54	0.4			7:05	4:25	
4	Sun	6:37	3.0	6:49	3.0	12:43	0.0	1:03	0.5	7:06	4:25	
5	Mon	7:32	3.1	7:46	2.9	1:41	0.1	2:07	0.4	7:07	4:25	
6	Tue	8:28	3.1	8:44	2.8	2:34	0.1	3:04	0.4	7:08	4:25	
7	Wed	9:20	3.2	9:39	2.7	3:21	0.1	3:55	0.3	7:09	4:25	
8	Thu	10:07	3.3	10:28	2.7	4:05	0.1	4:42	0.2	7:10	4:25	
9	Fri	10:49	3.4	11:11	2.7	4:46	0.1	5:27	0.1	7:11	4:25	
10	Sat	11:27	3.5	11:51	2.7	5:27	0.2	6:11	0.0	7:12	4:25	
11	Sun			12:04	3.5	6:07	0.2	6:53	0.0	7:13	4:25	
12	Mon	12:30	2.7	12:40	3.4	6:48	0.2	7:34	0.0	7:13	4:25	
13	Tue	1:10	2.6	1:16	3.3	7:26	0.3	8:12	0.0	7:14	4:25	
14	Wed	1:50	2.6	1:51	3.2	8:03	0.3	8:49	0.1	7:15	4:25	
15	Thu	2:32	2.5	2:27	3.1	8:38	0.4	9:26	0.1	7:16	4:26	
16	Fri	3:16	2.5	3:06	3.0	9:11	0.5	10:02	0.2	7:16	4:26	
17	Sat	4:01	2.4	3:50	2.9	9:47	0.6	10:42	0.2	7:17	4:26	
18	Sun	4:45	2.5	4:39	2.9	10:32	0.6	11:28	0.3	7:17	4:27	
19	Mon	5:28	2.6	5:30	2.8	11:38	0.7			7:18	4:27	
20	Tue	6:13	2.8	6:23	2.8	12:22	0.2	12:59	0.6	7:19	4:28	
21	Wed	7:03	3.0	7:22	2.7	1:19	0.2	2:10	0.4	7:19	4:28	
22	Thu	8:01	3.2	8:30	2.7	2:15	0.1	3:12	0.2	7:20	4:29	
23	Fri	9:03	3.4	9:37	2.8	3:10	-0.1	4:09	-0.1	7:20	4:29	
24	Sat	10:02	3.7	10:36	2.9	4:05	-0.2	5:05	-0.3	7:20	4:30	
25	Sun	10:57	3.9	11:31	3.0	4:59	-0.4	6:00	-0.5	7:21	4:30	
26	Mon	11:49	4.0			5:55	-0.5	6:54	-0.6	7:21	4:31	
27	Tue	12:25	3.1	12:42	4.0	6:51	-0.5	7:46	-0.7	7:21	4:32	
28	Wed	1:21	3.1	1:37	3.9	7:45	-0.5	8:36	-0.7	7:22	4:33	
29	Thu	2:19	3.1	2:34	3.7	8:37	-0.4	9:25	-0.6	7:22	4:33	
30	Fri	3:18	3.1	3:33	3.5	9:30	-0.2	10:15	-0.5	7:22	4:34	
31	Sat	4:17	3.1	4:30	3.2	10:24	0.0	11:08	-0.3	7:22	4:35	