US HARBORS www.USHarbors.com

Poughkeepsie, NY - Jun 2062

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	7:37	2.9	8:23	3.0	2:15	1.0	2:36	0.5	5:23	8:24	
2	Fri	8:30	2.8	9:12	3.2	3:18	0.8	3:24	0.4	5:22	8:24	
3	Sat	9:32	2.9	10:04	3.5	4:14	0.6	4:12	0.3	5:22	8:25	
4	Sun	10:34	2.9	10:55	3.7	5:06	0.4	5:00	0.2	5:22	8:26	
5	Mon	11:29	3.0	11:44	4.0	5:59	0.1	5:49	0.1	5:21	8:26	
6	Tue			12:21	3.1	6:52	-0.1	6:42	0.0	5:21	8:27	
7	Wed	12:33	4.1	1:13	3.2	7:45	-0.3	7:36	-0.1	5:21	8:28	
8	Thu	1:23	4.2	2:08	3.2	8:37	-0.4	8:31	-0.1	5:21	8:28	
9	Fri	2:17	4.1	3:07	3.2	9:28	-0.4	9:25	-0.1	5:21	8:29	
10	Sat	3:16	4.0	4:10	3.3	10:19	-0.4	10:19	0.0	5:20	8:29	
11	Sun	4:19	3.8	5:12	3.3	11:11	-0.3	11:17	0.2	5:20	8:30	
12	Mon	5:22	3.7	6:11	3.4			12:07	-0.1	5:20	8:30	
13	Tue	6:21	3.5	7:06	3.4	12:21	0.4	1:05	0.0	5:20	8:31	
14	Wed	7:16	3.3	7:59	3.4	1:29	0.5	2:03	0.1	5:20	8:31	
15	Thu	8:10	3.1	8:52	3.5	2:34	0.5	2:57	0.1	5:20	8:32	
16	Fri	9:07	2.9	9:46	3.5	3:35	0.5	3:48	0.2	5:20	8:32	
17	Sat	10:06	2.8	10:38	3.6	4:29	0.4	4:35	0.3	5:20	8:32	
18	Sun	11:01	2.8	11:24	3.6	5:19	0.3	5:20	0.4	5:20	8:33	
19	Mon	11:50	2.8			6:07	0.3	6:04	0.4	5:21	8:33	
20	Tue	12:06	3.6	12:35	2.8	6:53	0.2	6:48	0.5	5:21	8:33	
21	Wed	12:46	3.7	1:17	2.8	7:38	0.2	7:31	0.5	5:21	8:33	
22	Thu	1:25	3.6	2:00	2.8	8:20	0.2	8:14	0.5	5:21	8:34	
23	Fri	2:04	3.5	2:43	2.8	9:00	0.2	8:54	0.6	5:22	8:34	
24	Sat	2:42	3.5	3:27	2.8	9:38	0.2	9:31	0.7	5:22	8:34	
25	Sun	3:21	3.3	4:13	2.8	10:14	0.2	10:07	0.7	5:22	8:34	
26	Mon	4:00	3.2	4:57	2.8	10:48	0.3	10:43	0.8	5:23	8:34	
27	Tue	4:40	3.1	5:37	2.8	11:23	0.4	11:23	0.9	5:23	8:34	
28	Wed	5:22	3.0	6:14	2.9			12:00	0.4	5:23	8:34	
29	Thu	6:06	3.0	6:51	3.1	12:17	0.9	12:43	0.5	5:24	8:34	
30	Fri	6:54	2.9	7:33	3.2	1:28	0.9	1:35	0.5	5:24	8:34	