US HARBORS www.USHarbors.com

Poughkeepsie, NY - Aug 2062

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue	9:38	2.8	10:05	3.8	4:22	0.5	4:08	0.4	5:50	8:13	
2	Wed	10:50	3.0	11:12	4.0	5:20	0.2	5:11	0.2	5:51	8:12	
3	Thu	11:52	3.2			6:16	0.0	6:11	0.0	5:52	8:11	
4	Fri	12:09	4.1	12:47	3.4	7:09	-0.2	7:10	-0.1	5:53	8:10	
5	Sat	1:03	4.2	1:40	3.6	8:01	-0.4	8:06	-0.2	5:54	8:08	
6	Sun	1:55	4.2	2:34	3.7	8:49	-0.5	8:58	-0.2	5:55	8:07	
7	Mon	2:47	4.1	3:27	3.8	9:35	-0.5	9:49	-0.1	5:56	8:06	
8	Tue	3:40	3.9	4:21	3.8	10:20	-0.3	10:39	0.1	5:57	8:05	
9	Wed	4:34	3.6	5:14	3.7	11:05	-0.1	11:32	0.3	5:58	8:03	
10	Thu	5:28	3.4	6:05	3.6	11:53	0.2			5:59	8:02	
11	Fri	6:21	3.1	6:54	3.5	12:30	0.5	12:45	0.4	6:00	8:01	
12	Sat	7:12	2.9	7:43	3.4	1:33	0.7	1:41	0.7	6:01	7:59	
13	Sun	8:06	2.7	8:35	3.3	2:36	0.8	2:38	0.8	6:02	7:58	
14	Mon	9:05	2.6	9:33	3.3	3:35	0.8	3:34	0.9	6:03	7:56	
15	Tue	10:08	2.6	10:30	3.3	4:28	0.7	4:26	0.8	6:04	7:55	
16	Wed	11:04	2.7	11:21	3.4	5:16	0.6	5:14	0.8	6:05	7:54	
17	Thu	11:51	2.9			6:01	0.5	6:00	0.7	6:06	7:52	
18	Fri	12:04	3.5	12:33	3.0	6:43	0.4	6:44	0.6	6:07	7:51	
19	Sat	12:43	3.6	1:11	3.1	7:24	0.3	7:28	0.5	6:08	7:49	
20	Sun	1:18	3.6	1:46	3.2	8:02	0.2	8:09	0.5	6:10	7:48	
21	Mon	1:51	3.6	2:19	3.3	8:38	0.1	8:48	0.5	6:11	7:46	
22	Tue	2:23	3.5	2:50	3.3	9:11	0.1	9:24	0.5	6:12	7:45	
23	Wed	2:55	3.4	3:21	3.4	9:41	0.2	10:01	0.5	6:13	7:43	
24	Thu	3:30	3.3	3:56	3.4	10:10	0.2	10:39	0.6	6:14	7:41	
25	Fri	4:12	3.2	4:38	3.5	10:41	0.3	11:25	0.7	6:15	7:40	
26	Sat	5:03	3.0	5:29	3.5	11:19	0.4			6:16	7:38	
27	Sun	6:02	2.9	6:26	3.5	12:28	0.8	12:10	0.6	6:17	7:37	
28	Mon	7:04	2.8	7:28	3.6	1:48	0.8	1:25	0.6	6:18	7:35	
29	Tue	8:13	2.8	8:39	3.6	3:02	0.7	2:49	0.6	6:19	7:33	
30	Wed	9:30	2.9	9:55	3.7	4:06	0.5	4:00	0.5	6:20	7:32	
31	Thu	10:41	3.1	11:03	3.9	5:04	0.3	5:03	0.3	6:21	7:30	