US HARBORS www.USHarbors.com

Poughkeepsie, NY - Sep 2062

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	11:40	3.4	11:59	4.0	5:57	0.0	6:01	0.1	6:22	7:28	
2	Sat			12:32	3.7	6:48	-0.2	6:57	-0.1	6:23	7:27	
3	Sun	12:49	4.1	1:21	3.9	7:36	-0.3	7:50	-0.1	6:24	7:25	
4	Mon	1:36	4.1	2:09	4.0	8:23	-0.4	8:40	-0.1	6:25	7:23	
5	Tue	2:24	4.0	2:57	4.0	9:07	-0.3	9:28	-0.1	6:26	7:22	
6	Wed	3:13	3.7	3:46	3.9	9:49	-0.2	10:15	0.1	6:27	7:20	
7	Thu	4:03	3.5	4:35	3.7	10:30	0.1	11:03	0.4	6:28	7:18	
8	Fri	4:57	3.2	5:26	3.6	11:13	0.4	11:55	0.6	6:29	7:17	
9	Sat	5:51	3.0	6:16	3.4	11:59	0.7			6:30	7:15	
10	Sun	6:44	2.8	7:07	3.3	12:56	0.8	12:56	0.9	6:31	7:13	
11	Mon	7:38	2.7	8:00	3.2	2:01	0.9	2:01	1.1	6:32	7:11	
12	Tue	8:36	2.6	8:58	3.2	3:03	0.9	3:04	1.1	6:33	7:10	
13	Wed	9:38	2.6	9:58	3.2	3:57	0.8	3:59	1.0	6:34	7:08	
14	Thu	10:36	2.8	10:52	3.3	4:45	0.7	4:49	0.9	6:35	7:06	
15	Fri	11:23	3.0	11:36	3.4	5:28	0.6	5:35	0.7	6:36	7:05	
16	Sat			12:04	3.2	6:08	0.4	6:18	0.6	6:37	7:03	
17	Sun	12:14	3.5	12:39	3.3	6:47	0.3	7:01	0.5	6:38	7:01	
18	Mon	12:48	3.6	1:11	3.5	7:24	0.2	7:43	0.4	6:39	6:59	
19	Tue	1:21	3.6	1:40	3.6	8:00	0.1	8:23	0.3	6:40	6:58	
20	Wed	1:53	3.5	2:09	3.7	8:34	0.1	9:03	0.3	6:41	6:56	
21	Thu	2:27	3.4	2:41	3.7	9:07	0.2	9:43	0.3	6:42	6:54	
22	Fri	3:05	3.3	3:20	3.7	9:41	0.2	10:24	0.4	6:43	6:52	
23	Sat	3:52	3.1	4:08	3.7	10:16	0.3	11:13	0.5	6:44	6:51	
24	Sun	4:50	3.0	5:06	3.6	10:59	0.5			6:45	6:49	
25	Mon	5:56	2.9	6:12	3.6	12:18	0.7	11:57 AM	0.6	6:46	6:47	
26	Tue	7:04	2.9	7:21	3.5	1:36	0.7	1:22	0.7	6:47	6:45	
27	Wed	8:12	2.9	8:33	3.5	2:47	0.6	2:45	0.7	6:48	6:44	
28	Thu	9:24	3.1	9:46	3.6	3:50	0.4	3:54	0.5	6:49	6:42	
29	Fri	10:30	3.3	10:50	3.7	4:45	0.2	4:54	0.3	6:51	6:40	
30	Sat	11:26	3.6	11:43	3.9	5:35	0.0	5:49	0.1	6:52	6:39	