US HARBORS www.USHarbors.com

Poughkeepsie, NY - May 2063

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue	**2:34**	3.7	**3:25**	2.9	**9:55**	-0.1	**9:41**	0.2	5:51	7:53	
2	Wed	**3:21**	3.7	**4:22**	2.8	**10:41**	0.0	**10:27**	0.3	5:50	7:54	
3	Thu	**4:19**	3.5	**5:26**	2.8	**11:34**	0.1	**11:22**	0.4	5:49	7:56	
4	Fri	**5:25**	3.4	**6:28**	2.9			**12:37**	0.2	5:47	7:57	
5	Sat	**6:32**	3.3	**7:28**	3.0	**12:35**	0.5	**1:43**	0.2	5:46	7:58	
6	Sun	**7:36**	3.3	**8:28**	3.2	**1:54**	0.5	**2:45**	0.1	5:45	7:59	
7	Mon	**8:41**	3.2	**9:30**	3.4	**3:06**	0.4	**3:42**	0.0	5:44	8:00	
8	Tue	**9:47**	3.2	**10:29**	3.6	**4:08**	0.2	**4:34**	-0.1	5:43	8:01	
9	Wed	**10:49**	3.3	**11:21**	3.8	**5:05**	0.0	**5:23**	-0.2	5:41	8:02	
10	Thu	**11:42**	3.3			**5:58**	-0.1	**6:11**	-0.2	5:40	8:03	
11	Fri	**12:08**	4.0	**12:31**	3.3	**6:49**	-0.2	**6:58**	-0.2	5:39	8:04	
12	Sat	**12:52**	4.0	**1:18**	3.3	**7:39**	-0.3	**7:45**	-0.1	5:38	8:05	
13	Sun	**1:35**	4.0	**2:05**	3.2	**8:27**	-0.2	**8:30**	0.1	5:37	8:06	
14	Mon	**2:18**	3.8	**2:54**	3.0	**9:12**	-0.2	**9:13**	0.3	5:36	8:07	
15	Tue	**3:03**	3.6	**3:45**	2.9	**9:55**	0.0	**9:54**	0.5	5:35	8:08	
16	Wed	**3:51**	3.4	**4:39**	2.8	**10:38**	0.2	**10:36**	0.7	5:34	8:09	
17	Thu	**4:43**	3.2	**5:33**	2.7	**11:23**	0.3	**11:21**	0.8	5:33	8:10	
18	Fri	**5:35**	3.1	**6:24**	2.7			**12:13**	0.5	5:32	8:11	
19	Sat	**6:26**	3.0	**7:12**	2.7	**12:17**	1.0	**1:07**	0.6	5:31	8:12	
20	Sun	**7:13**	2.8	**7:58**	2.8	**1:23**	1.1	**2:00**	0.6	5:31	8:13	
21	Mon	**8:01**	2.8	**8:46**	2.9	**2:28**	1.0	**2:50**	0.6	5:30	8:14	
22	Tue	**8:53**	2.7	**9:34**	3.0	**3:25**	0.9	**3:36**	0.5	5:29	8:15	
23	Wed	**9:49**	2.7	**10:21**	3.2	**4:16**	0.8	**4:18**	0.5	5:28	8:16	
24	Thu	**10:41**	2.8	**11:02**	3.4	**5:04**	0.6	**4:59**	0.4	5:28	8:17	
25	Fri	**11:28**	2.8	**11:40**	3.6	**5:50**	0.4	**5:41**	0.3	5:27	8:18	
26	Sat			**12:11**	2.9	**6:36**	0.2	**6:24**	0.3	5:26	8:19	
27	Sun	**12:16**	3.7	**12:53**	3.0	**7:23**	0.0	**7:09**	0.2	5:26	8:19	
28	Mon	**12:54**	3.9	**1:36**	3.0	**8:11**	-0.1	**7:57**	0.2	5:25	8:20	
29	Tue	**1:36**	3.9	**2:24**	3.0	**8:57**	-0.2	**8:45**	0.1	5:24	8:21	
30	Wed	**2:23**	3.9	**3:18**	3.0	**9:43**	-0.2	**9:33**	0.1	5:24	8:22	
31	Thu	**3:17**	3.8	**4:18**	3.0	**10:31**	-0.1	**10:25**	0.2	5:23	8:23	