US HARBORS www.USHarbors.com

Poughkeepsie, NY - Aug 2063

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	6:43	3.2	7:21	3.7	1:00	0.4	1:16	0.2	5:50	8:13	
2	Thu	7:39	3.0	8:15	3.6	2:06	0.5	2:16	0.4	5:51	8:12	
3	Fri	8:39	2.8	9:13	3.5	3:11	0.6	3:16	0.5	5:52	8:11	
4	Sat	9:44	2.7	10:13	3.5	4:09	0.5	4:12	0.6	5:53	8:10	
5	Sun	10:47	2.8	11:08	3.5	5:03	0.5	5:03	0.6	5:54	8:09	
6	Mon	11:40	2.9	11:56	3.6	5:52	0.4	5:52	0.6	5:55	8:07	
7	Tue			12:25	3.0	6:38	0.3	6:39	0.5	5:56	8:06	
8	Wed	12:38	3.6	1:07	3.1	7:21	0.2	7:24	0.5	5:57	8:05	
9	Thu	1:17	3.6	1:46	3.1	8:01	0.2	8:06	0.5	5:58	8:04	
10	Fri	1:55	3.6	2:25	3.2	8:38	0.2	8:46	0.5	5:59	8:02	
11	Sat	2:31	3.5	3:02	3.2	9:12	0.2	9:23	0.5	6:00	8:01	
12	Sun	3:06	3.4	3:37	3.2	9:44	0.2	9:59	0.6	6:01	8:00	
13	Mon	3:40	3.2	4:11	3.2	10:12	0.3	10:33	0.7	6:02	7:58	
14	Tue	4:14	3.1	4:43	3.2	10:38	0.4	11:08	0.8	6:03	7:57	
15	Wed	4:53	2.9	5:18	3.2	11:06	0.5	11:53	0.9	6:04	7:55	
16	Thu	5:37	2.8	6:00	3.3	11:41	0.6			6:05	7:54	
17	Fri	6:28	2.7	6:48	3.3	1:01	1.0	12:31	0.7	6:06	7:52	
18	Sat	7:25	2.6	7:45	3.4	2:21	0.9	1:44	0.8	6:07	7:51	
19	Sun	8:33	2.7	8:54	3.5	3:29	0.8	3:05	0.7	6:08	7:49	
20	Mon	9:49	2.8	10:08	3.7	4:28	0.6	4:14	0.5	6:09	7:48	
21	Tue	10:56	3.0	11:13	3.9	5:22	0.3	5:15	0.3	6:10	7:46	
22	Wed	11:52	3.3			6:14	0.0	6:13	0.1	6:11	7:45	
23	Thu	12:07	4.1	12:43	3.6	7:04	-0.2	7:09	-0.1	6:12	7:43	
24	Fri	12:58	4.2	1:33	3.9	7:52	-0.4	8:04	-0.2	6:13	7:42	
25	Sat	1:47	4.2	2:23	4.0	8:39	-0.5	8:56	-0.3	6:14	7:40	
26	Sun	2:38	4.1	3:15	4.1	9:24	-0.5	9:47	-0.2	6:15	7:39	
27	Mon	3:31	3.9	4:09	4.0	10:09	-0.3	10:38	0.0	6:16	7:37	
28	Tue	4:27	3.6	5:04	3.9	10:56	-0.1	11:32	0.2	6:17	7:35	
29	Wed	5:25	3.3	5:59	3.8	11:46	0.2			6:18	7:34	
30	Thu	6:23	3.1	6:54	3.6	12:34	0.5	12:44	0.5	6:20	7:32	
31	Fri	7:20	2.9	7:49	3.5	1:41	0.6	1:49	0.7	6:21	7:31	