US HARBORS www.USHarbors.com

Poughkeepsie, NY - Oct 2063

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	**8:58**	2.8	**9:18**	3.2	**3:18**	0.8	**3:27**	1.0	6:52	6:37	
2	Tue	**9:57**	2.9	**10:15**	3.2	**4:09**	0.7	**4:20**	0.9	6:53	6:36	
3	Wed	**10:49**	3.0	**11:04**	3.3	**4:53**	0.6	**5:07**	0.7	6:55	6:34	
4	Thu	**11:32**	3.2	**11:45**	3.4	**5:33**	0.5	**5:51**	0.6	6:56	6:32	
5	Fri			**12:09**	3.4	**6:11**	0.4	**6:33**	0.5	6:57	6:30	
6	Sat	**12:23**	3.4	**12:43**	3.5	**6:48**	0.3	**7:15**	0.4	6:58	6:29	
7	Sun	**12:57**	3.4	**1:14**	3.6	**7:23**	0.3	**7:55**	0.4	6:59	6:27	
8	Mon	**1:30**	3.3	**1:41**	3.6	**7:58**	0.3	**8:34**	0.3	7:00	6:25	
9	Tue	**2:01**	3.2	**2:07**	3.6	**8:31**	0.3	**9:12**	0.4	7:01	6:24	
10	Wed	**2:33**	3.1	**2:35**	3.6	**9:03**	0.4	**9:49**	0.4	7:02	6:22	
11	Thu	**3:09**	3.0	**3:10**	3.6	**9:34**	0.5	**10:28**	0.5	7:03	6:21	
12	Fri	**3:54**	2.8	**3:56**	3.5	**10:08**	0.6	**11:14**	0.6	7:04	6:19	
13	Sat	**4:52**	2.7	**4:55**	3.5	**10:50**	0.7			7:05	6:17	
14	Sun	**6:00**	2.7	**6:03**	3.4	**12:18**	0.7	**11:49 AM**	0.8	7:07	6:16	
15	Mon	**7:05**	2.8	**7:12**	3.4	**1:33**	0.7	**1:18**	0.8	7:08	6:14	
16	Tue	**8:10**	2.9	**8:22**	3.4	**2:41**	0.6	**2:42**	0.7	7:09	6:13	
17	Wed	**9:16**	3.2	**9:32**	3.5	**3:40**	0.4	**3:50**	0.5	7:10	6:11	
18	Thu	**10:18**	3.5	**10:36**	3.6	**4:32**	0.1	**4:49**	0.2	7:11	6:10	
19	Fri	**11:13**	3.8	**11:30**	3.7	**5:21**	-0.1	**5:44**	0.0	7:12	6:08	
20	Sat			**12:02**	4.1	**6:09**	-0.3	**6:38**	-0.2	7:13	6:07	
21	Sun	**12:20**	3.8	**12:48**	4.3	**6:56**	-0.4	**7:30**	-0.3	7:15	6:05	
22	Mon	**1:08**	3.7	**1:33**	4.3	**7:44**	-0.3	**8:20**	-0.3	7:16	6:04	
23	Tue	**1:56**	3.6	**2:20**	4.2	**8:30**	-0.2	**9:09**	-0.2	7:17	6:02	
24	Wed	**2:46**	3.4	**3:08**	4.0	**9:16**	0.0	**9:56**	-0.1	7:18	6:01	
25	Thu	**3:40**	3.2	**4:00**	3.7	**10:00**	0.2	**10:45**	0.2	7:19	5:59	
26	Fri	**4:39**	3.0	**4:57**	3.5	**10:46**	0.5	**11:38**	0.4	7:20	5:58	
27	Sat	**5:39**	2.8	**5:55**	3.3	**11:38**	0.8			7:22	5:57	
28	Sun	**6:37**	2.8	**6:50**	3.2	**12:37**	0.6	**12:42**	1.0	7:23	5:55	
29	Mon	**7:31**	2.7	**7:43**	3.0	**1:40**	0.7	**1:51**	1.1	7:24	5:54	
30	Tue	**8:24**	2.7	**8:37**	3.0	**2:38**	0.7	**2:54**	1.0	7:25	5:53	
31	Wed	**9:18**	2.8	**9:32**	3.0	**3:28**	0.6	**3:49**	0.9	7:26	5:51	