US HARBORS www.USHarbors.com

Poughkeepsie, NY - Dec 2063

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	9:09	3.0	9:28	2.6	3:06	0.4	3:49	0.5	7:03	4:26	
2	Sun	9:52	3.2	10:15	2.7	3:47	0.3	4:35	0.4	7:04	4:25	
3	Mon	10:31	3.3	10:58	2.8	4:27	0.2	5:20	0.2	7:05	4:25	
4	Tue	11:06	3.5	11:38	2.8	5:09	0.2	6:05	0.1	7:06	4:25	
5	Wed	11:41	3.6			5:51	0.1	6:51	-0.1	7:07	4:25	
6	Thu	12:17	2.8	12:18	3.7	6:36	0.1	7:36	-0.2	7:08	4:25	
7	Fri	12:59	2.8	1:00	3.7	7:22	0.0	8:20	-0.2	7:09	4:25	
8	Sat	1:46	2.8	1:47	3.6	8:08	0.0	9:05	-0.2	7:10	4:25	
9	Sun	2:40	2.8	2:42	3.5	8:55	0.0	9:52	-0.2	7:10	4:25	
10	Mon	3:40	2.9	3:44	3.4	9:46	0.1	10:44	-0.1	7:11	4:25	
11	Tue	4:41	2.9	4:46	3.3	10:47	0.2	11:41	-0.1	7:12	4:25	
12	Wed	5:39	3.1	5:46	3.2	11:59	0.3			7:13	4:25	
13	Thu	6:35	3.2	6:45	3.0	12:42	-0.1	1:12	0.3	7:14	4:25	
14	Fri	7:32	3.3	7:47	2.9	1:41	-0.1	2:18	0.2	7:14	4:25	
15	Sat	8:32	3.4	8:52	2.9	2:37	-0.1	3:19	0.0	7:15	4:26	
16	Sun	9:31	3.5	9:54	2.9	3:30	-0.2	4:14	-0.1	7:16	4:26	
17	Mon	10:24	3.6	10:49	2.9	4:21	-0.2	5:07	-0.2	7:17	4:26	
18	Tue	11:12	3.7	11:38	2.9	5:11	-0.2	5:58	-0.3	7:17	4:27	
19	Wed	11:57	3.7			6:01	-0.2	6:47	-0.3	7:18	4:27	
20	Thu	12:25	2.9	12:41	3.6	6:49	-0.1	7:33	-0.3	7:18	4:27	
21	Fri	1:12	2.9	1:25	3.5	7:34	0.0	8:16	-0.3	7:19	4:28	
22	Sat	1:59	2.8	2:10	3.4	8:17	0.1	8:57	-0.2	7:19	4:28	
23	Sun	2:48	2.7	2:57	3.2	8:57	0.2	9:36	0.0	7:20	4:29	
24	Mon	3:37	2.6	3:44	3.0	9:37	0.4	10:15	0.1	7:20	4:29	
25	Tue	4:25	2.6	4:30	2.8	10:20	0.5	10:56	0.2	7:21	4:30	
26	Wed	5:11	2.6	5:15	2.7	11:11	0.7	11:40	0.3	7:21	4:31	
27	Thu	5:54	2.6	5:59	2.5			12:14	0.8	7:21	4:31	
28	Fri	6:35	2.6	6:44	2.4	12:29	0.4	1:20	0.8	7:21	4:32	
29	Sat	7:18	2.7	7:36	2.3	1:20	0.4	2:20	0.7	7:22	4:33	
30	Sun	8:07	2.8	8:38	2.3	2:12	0.4	3:14	0.5	7:22	4:34	
31	Mon	9:01	2.9	9:38	2.4	3:01	0.3	4:05	0.3	7:22	4:34	