US HARBORS www.USHarbors.com

Poughkeepsie, NY - Jan 2064

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue	9:53	3.1	10:30	2.5	3:50	0.2	4:53	0.1	7:22	4:35	
2	Wed	10:39	3.3	11:15	2.6	4:38	0.1	5:41	-0.1	7:22	4:36	
3	Thu	11:23	3.5	11:59	2.8	5:28	-0.1	6:29	-0.3	7:22	4:37	
4	Fri			12:06	3.7	6:18	-0.2	7:16	-0.5	7:22	4:38	
5	Sat	12:44	2.9	12:52	3.7	7:08	-0.4	8:00	-0.6	7:22	4:39	
6	Sun	1:32	3.0	1:41	3.7	7:57	-0.4	8:44	-0.6	7:22	4:40	
7	Mon	2:24	3.1	2:33	3.6	8:46	-0.4	9:29	-0.6	7:22	4:41	
8	Tue	3:19	3.2	3:29	3.4	9:37	-0.3	10:15	-0.5	7:22	4:42	
9	Wed	4:16	3.2	4:26	3.2	10:33	-0.2	11:07	-0.4	7:22	4:43	
10	Thu	5:12	3.2	5:24	3.0	11:38	0.0			7:21	4:44	
11	Fri	6:07	3.2	6:21	2.8	12:06	-0.2	12:48	0.1	7:21	4:45	
12	Sat	7:04	3.2	7:23	2.6	1:08	-0.1	1:56	0.1	7:21	4:46	
13	Sun	8:05	3.2	8:31	2.5	2:09	0.0	3:00	0.1	7:20	4:47	
14	Mon	9:09	3.2	9:39	2.5	3:08	0.0	3:57	0.0	7:20	4:48	
15	Tue	10:07	3.3	10:37	2.6	4:03	0.0	4:51	-0.1	7:20	4:49	
16	Wed	10:59	3.3	11:27	2.7	4:55	0.0	5:41	-0.2	7:19	4:51	
17	Thu	11:44	3.4			5:45	-0.1	6:28	-0.3	7:19	4:52	
18	Fri	12:12	2.8	12:27	3.4	6:32	-0.1	7:11	-0.3	7:18	4:53	
19	Sat	12:54	2.8	1:07	3.3	7:16	-0.1	7:51	-0.3	7:18	4:54	
20	Sun	1:36	2.8	1:47	3.2	7:57	-0.1	8:28	-0.3	7:17	4:55	
21	Mon	2:17	2.8	2:27	3.1	8:35	0.0	9:02	-0.2	7:16	4:57	
22	Tue	2:58	2.7	3:07	2.9	9:12	0.1	9:34	-0.1	7:16	4:58	
23	Wed	3:39	2.7	3:47	2.7	9:48	0.3	10:04	0.0	7:15	4:59	
24	Thu	4:19	2.7	4:27	2.6	10:26	0.4	10:34	0.2	7:14	5:00	
25	Fri	4:56	2.6	5:08	2.4	11:14	0.6	11:09	0.3	7:13	5:02	
26	Sat	5:32	2.6	5:52	2.3			12:20	0.7	7:13	5:03	
27	Sun	6:12	2.7	6:42	2.2			1:33	0.6	7:12	5:04	
28	Mon	7:01	2.7	7:46	2.1	1:06	0.5	2:37	0.5	7:11	5:05	
29	Tue	8:04	2.8	8:59	2.2	2:16	0.4	3:34	0.3	7:10	5:07	
30	Wed	9:14	3.0	10:01	2.4	3:18	0.3	4:26	0.1	7:09	5:08	
31	Thu	10:14	3.2	10:53	2.7	4:14	0.0	5:16	-0.2	7:08	5:09	