US HARBORS www.USHarbors.com

Poughkeepsie, NY - May 2064

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	1:05	4.2	1:32	3.5	7:56	-0.5	8:05	-0.3	5:50	7:54	
2	Fri	1:53	4.2	2:25	3.4	8:47	-0.5	8:54	-0.2	5:49	7:55	
3	Sat	2:43	4.0	3:20	3.2	9:36	-0.4	9:41	0.0	5:48	7:56	
4	Sun	3:36	3.8	4:19	3.1	10:25	-0.2	10:30	0.2	5:46	7:57	
5	Mon	4:33	3.6	5:19	2.9	11:15	0.0	11:22	0.5	5:45	7:59	
6	Tue	5:31	3.3	6:16	2.9			12:11	0.2	5:44	8:00	
7	Wed	6:27	3.2	7:09	2.8	12:22	0.7	1:10	0.4	5:43	8:01	
8	Thu	7:19	3.0	8:01	2.8	1:29	0.9	2:08	0.5	5:42	8:02	
9	Fri	8:12	2.9	8:53	2.9	2:33	0.9	3:00	0.5	5:41	8:03	
10	Sat	9:06	2.8	9:45	3.0	3:31	0.8	3:47	0.5	5:40	8:04	
11	Sun	10:02	2.8	10:34	3.1	4:22	0.7	4:30	0.4	5:38	8:05	
12	Mon	10:53	2.8	11:16	3.3	5:08	0.5	5:10	0.4	5:37	8:06	
13	Tue	11:38	2.9	11:54	3.4	5:52	0.4	5:49	0.3	5:36	8:07	
14	Wed			12:18	2.9	6:36	0.3	6:28	0.3	5:35	8:08	
15	Thu	12:28	3.5	12:57	2.9	7:19	0.2	7:07	0.3	5:34	8:09	
16	Fri	12:59	3.6	1:35	2.9	8:01	0.1	7:47	0.3	5:33	8:10	
17	Sat	1:28	3.6	2:12	2.9	8:42	0.1	8:26	0.4	5:33	8:11	
18	Sun	2:00	3.6	2:53	2.8	9:22	0.1	9:05	0.4	5:32	8:12	
19	Mon	2:36	3.6	3:39	2.8	10:02	0.1	9:44	0.4	5:31	8:13	
20	Tue	3:21	3.5	4:31	2.8	10:44	0.2	10:27	0.5	5:30	8:14	
21	Wed	4:15	3.5	5:27	2.9	11:31	0.2	11:19	0.5	5:29	8:15	
22	Thu	5:16	3.4	6:22	3.0			12:26	0.3	5:28	8:16	
23	Fri	6:17	3.3	7:16	3.2	12:28	0.6	1:26	0.2	5:28	8:17	
24	Sat	7:17	3.2	8:11	3.4	1:45	0.6	2:25	0.2	5:27	8:17	
25	Sun	8:19	3.2	9:10	3.6	2:56	0.4	3:22	0.1	5:26	8:18	
26	Mon	9:25	3.1	10:10	3.8	3:59	0.2	4:16	0.0	5:26	8:19	
27	Tue	10:32	3.2	11:06	4.0	4:58	0.0	5:08	-0.1	5:25	8:20	
28	Wed	11:31	3.2	11:58	4.1	5:53	-0.1	5:59	-0.1	5:25	8:21	
29	Thu			12:25	3.3	6:47	-0.2	6:52	-0.1	5:24	8:22	
30	Fri	12:46	4.1	1:17	3.3	7:40	-0.3	7:44	-0.1	5:24	8:22	
31	Sat	1:35	4.1	2:10	3.2	8:31	-0.3	8:34	0.0	5:23	8:23	