US HARBORS www.USHarbors.com

# Poughkeepsie, NY - Jul 2064

| Date | | High | | | | Low | | | | | | |
|---|---|---|---|---|---|---|---|---|---|---|---|---|
| | | AM | ft | PM | ft | AM | ft | PM | ft | Rise | Set | Moon |
| 1 | Tue | 2:54 | 3.7 | 3:35 | 3.1 | 9:42 | -0.1 | 9:48 | 0.4 | 5:25 | 8:34 | |
| 2 | Wed | 3:42 | 3.5 | 4:25 | 3.1 | 10:22 | 0.0 | 10:31 | 0.6 | 5:26 | 8:33 | |
| 3 | Thu | 4:30 | 3.4 | 5:14 | 3.1 | 11:02 | 0.2 | 11:16 | 0.7 | 5:26 | 8:33 | |
| 4 | Fri | 5:18 | 3.2 | 5:59 | 3.1 | 11:42 | 0.3 | | | 5:27 | 8:33 | |
| 5 | Sat | 6:04 | 3.0 | 6:42 | 3.1 | 12:06 | 0.9 | 12:23 | 0.5 | 5:28 | 8:33 | |
| 6 | Sun | 6:48 | 2.8 | 7:22 | 3.1 | 1:04 | 1.0 | 1:08 | 0.6 | 5:28 | 8:32 | |
| 7 | Mon | 7:32 | 2.7 | 8:03 | 3.1 | 2:05 | 1.0 | 1:56 | 0.7 | 5:29 | 8:32 | |
| 8 | Tue | 8:21 | 2.6 | 8:49 | 3.1 | 3:03 | 0.9 | 2:47 | 0.7 | 5:30 | 8:32 | |
| 9 | Wed | 9:18 | 2.5 | 9:40 | 3.2 | 3:57 | 0.8 | 3:38 | 0.7 | 5:30 | 8:31 | |
| 10 | Thu | 10:20 | 2.6 | 10:33 | 3.4 | 4:48 | 0.7 | 4:27 | 0.7 | 5:31 | 8:31 | |
| 11 | Fri | 11:14 | 2.7 | 11:20 | 3.5 | 5:36 | 0.5 | 5:16 | 0.6 | 5:32 | 8:30 | |
| 12 | Sat | | | 12:01 | 2.8 | 6:24 | 0.3 | 6:05 | 0.5 | 5:33 | 8:30 | |
| 13 | Sun | 12:04 | 3.7 | 12:45 | 2.9 | 7:11 | 0.2 | 6:56 | 0.3 | 5:33 | 8:29 | |
| 14 | Mon | 12:46 | 3.8 | 1:28 | 3.1 | 7:56 | 0.0 | 7:46 | 0.2 | 5:34 | 8:29 | |
| 15 | Tue | 1:29 | 3.9 | 2:13 | 3.2 | 8:41 | -0.1 | 8:36 | 0.1 | 5:35 | 8:28 | |
| 16 | Wed | 2:14 | 3.9 | 3:02 | 3.3 | 9:23 | -0.2 | 9:24 | 0.1 | 5:36 | 8:27 | |
| 17 | Thu | 3:03 | 3.9 | 3:53 | 3.5 | 10:05 | -0.3 | 10:13 | 0.1 | 5:37 | 8:27 | |
| 18 | Fri | 3:56 | 3.7 | 4:48 | 3.6 | 10:48 | -0.2 | 11:05 | 0.2 | 5:37 | 8:26 | |
| 19 | Sat | 4:53 | 3.6 | 5:42 | 3.7 | 11:35 | -0.1 | | | 5:38 | 8:25 | |
| 20 | Sun | 5:50 | 3.4 | 6:36 | 3.7 | 12:05 | 0.3 | 12:28 | 0.0 | 5:39 | 8:24 | |
| 21 | Mon | 6:47 | 3.2 | 7:30 | 3.7 | 1:13 | 0.4 | 1:28 | 0.2 | 5:40 | 8:23 | |
| 22 | Tue | 7:46 | 3.0 | 8:27 | 3.7 | 2:22 | 0.5 | 2:31 | 0.3 | 5:41 | 8:23 | |
| 23 | Wed | 8:50 | 2.9 | 9:30 | 3.7 | 3:27 | 0.4 | 3:32 | 0.3 | 5:42 | 8:22 | |
| 24 | Thu | 10:01 | 2.9 | 10:33 | 3.7 | 4:27 | 0.3 | 4:31 | 0.3 | 5:43 | 8:21 | |
| 25 | Fri | 11:06 | 2.9 | 11:30 | 3.8 | 5:23 | 0.2 | 5:26 | 0.3 | 5:44 | 8:20 | |
| 26 | Sat | | | 12:01 | 3.0 | 6:15 | 0.1 | 6:19 | 0.3 | 5:45 | 8:19 | |
| 27 | Sun | 12:19 | 3.8 | 12:50 | 3.1 | 7:05 | 0.0 | 7:09 | 0.3 | 5:46 | 8:18 | |
| 28 | Mon | 1:04 | 3.8 | 1:36 | 3.2 | 7:51 | 0.0 | 7:57 | 0.3 | 5:47 | 8:17 | |
| 29 | Tue | 1:47 | 3.8 | 2:20 | 3.2 | 8:34 | 0.0 | 8:42 | 0.3 | 5:48 | 8:16 | |
| 30 | Wed | 2:29 | 3.7 | 3:03 | 3.2 | 9:13 | 0.0 | 9:23 | 0.4 | 5:49 | 8:15 | |
| 31 | Thu | 3:11 | 3.5 | 3:46 | 3.2 | 9:49 | 0.1 | 10:03 | 0.5 | 5:50 | 8:14 | |