

































## Poughkeepsie, NY - Jul 2024

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue	2:54	3.7	3:35	3.1	9:42	-0.1	9:48	0.4	5:25	8:34	
2	Wed	3:42	3.5	4:25	3.1	10:22	0.0	10:31	0.6	5:26	8:33	
3	Thu	4:30	3.4	5:14	3.1	11:02	0.2	11:16	0.7	5:26	8:33	
4	Fri	5:18	3.2	5:59	3.1	11:42	0.3			5:27	8:33	
5	Sat	6:04	3.0	6:42	3.1	12:06	0.9	12:23	0.5	5:28	8:33	
6	Sun	6:48	2.8	7:22	3.1	1:04	1.0	1:08	0.6	5:28	8:32	
7	Mon	7:32	2.7	8:03	3.1	2:05	1.0	1:56	0.7	5:29	8:32	
8	Tue	8:21	2.6	8:49	3.1	3:03	0.9	2:47	0.7	5:30	8:32	
9	Wed	9:18	2.5	9:40	3.2	3:57	0.8	3:38	0.7	5:30	8:31	
10	Thu	10:20	2.6	10:33	3.4	4:48	0.7	4:27	0.7	5:31	8:31	
11	Fri	11:14	2.7	11:20	3.5	5:36	0.5	5:16	0.6	5:32	8:30	
12	Sat			12:01	2.8	6:24	0.3	6:05	0.5	5:33	8:30	
13	Sun	12:04	3.7	12:45	2.9	7:11	0.2	6:56	0.3	5:33	8:29	
14	Mon	12:46	3.8	1:28	3.1	7:56	0.0	7:46	0.2	5:34	8:29	
15	Tue	1:29	3.9	2:13	3.2	8:41	-0.1	8:36	0.1	5:35	8:28	
16	Wed	2:14	3.9	3:02	3.3	9:23	-0.2	9:24	0.1	5:36	8:27	
17	Thu	3:03	3.9	3:53	3.5	10:05	-0.3	10:13	0.1	5:37	8:27	
18	Fri	3:56	3.7	4:48	3.6	10:48	-0.2	11:05	0.2	5:37	8:26	
19	Sat	4:53	3.6	5:42	3.7	11:35	-0.1			5:38	8:25	
20	Sun	5:50	3.4	6:36	3.7	12:05	0.3	12:28	0.0	5:39	8:24	
21	Mon	6:47	3.2	7:30	3.7	1:13	0.4	1:28	0.2	5:40	8:23	
22	Tue	7:46	3.0	8:27	3.7	2:22	0.5	2:31	0.3	5:41	8:23	
23	Wed	8:50	2.9	9:30	3.7	3:27	0.4	3:32	0.3	5:42	8:22	
24	Thu	10:01	2.9	10:33	3.7	4:27	0.3	4:31	0.3	5:43	8:21	
25	Fri	11:06	2.9	11:30	3.8	5:23	0.2	5:26	0.3	5:44	8:20	
26	Sat			12:01	3.0	6:15	0.1	6:19	0.3	5:45	8:19	
27	Sun	12:19	3.8	12:50	3.1	7:05	0.0	7:09	0.3	5:46	8:18	
28	Mon	1:04	3.8	1:36	3.2	7:51	0.0	7:57	0.3	5:47	8:17	
29	Tue	1:47	3.8	2:20	3.2	8:34	0.0	8:42	0.3	5:48	8:16	
30	Wed	2:29	3.7	3:03	3.2	9:13	0.0	9:23	0.4	5:49	8:15	
31	Thu	3:11	3.5	3:46	3.2	9:49	0.1	10:03	0.5	5:50	8:14	