US HARBORS www.USHarbors.com

Poughkeepsie, NY - Dec 2064

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	5:46	2.9	5:46	3.1			12:04	0.5	7:04	4:25	
2	Tue	6:40	3.1	6:46	3.0	12:52	0.2	1:22	0.4	7:05	4:25	
3	Wed	7:34	3.3	7:46	3.0	1:52	0.1	2:28	0.3	7:06	4:25	
4	Thu	8:34	3.5	8:58	3.0	2:46	-0.1	3:28	0.0	7:07	4:25	
5	Fri	9:34	3.7	9:58	3.1	3:40	-0.2	4:22	-0.2	7:08	4:25	
6	Sat	10:28	3.9	10:58	3.2	4:34	-0.3	5:16	-0.4	7:08	4:25	
7	Sun	11:22	4.0	11:46	3.2	5:22	-0.4	6:10	-0.5	7:09	4:25	
8	Mon			12:10	4.0	6:16	-0.4	7:04	-0.5	7:10	4:25	
9	Tue	12:40	3.2	1:04	3.9	7:10	-0.3	7:52	-0.5	7:11	4:25	
10	Wed	1:34	3.1	1:52	3.8	7:58	-0.2	8:40	-0.4	7:12	4:25	
11	Thu	2:28	3.0	2:46	3.6	8:46	-0.1	9:28	-0.3	7:13	4:25	
12	Fri	3:28	2.9	3:40	3.3	9:34	0.2	10:16	-0.1	7:14	4:25	
13	Sat	4:22	2.8	4:34	3.1	10:28	0.4	11:04	0.1	7:14	4:25	
14	Sun	5:16	2.8	5:28	2.9	11:22	0.6	11:58	0.3	7:15	4:26	
15	Mon	6:04	2.8	6:16	2.7			12:28	0.7	7:16	4:26	
16	Tue	6:52	2.8	7:04	2.6	12:52	0.4	1:28	0.7	7:16	4:26	
17	Wed	7:40	2.8	7:58	2.5	1:40	0.4	2:28	0.6	7:17	4:26	
18	Thu	8:28	2.9	8:52	2.4	2:28	0.4	3:22	0.5	7:18	4:27	
19	Fri	9:22	3.0	9:46	2.4	3:16	0.4	4:10	0.4	7:18	4:27	
20	Sat	10:10	3.1	10:34	2.5	3:58	0.3	4:52	0.2	7:19	4:28	
21	Sun	10:46	3.2	11:16	2.6	4:40	0.3	5:40	0.1	7:19	4:28	
22	Mon	11:28	3.3	11:58	2.6	5:22	0.2	6:22	0.0	7:20	4:29	
23	Tue	11:58	3.4			6:10	0.1	7:04	-0.1	7:20	4:29	
24	Wed	12:40	2.7	12:34	3.4	6:52	0.1	7:46	-0.2	7:20	4:30	
25	Thu	1:16	2.7	1:10	3.4	7:34	0.0	8:28	-0.2	7:21	4:31	
26	Fri	1:58	2.7	1:52	3.4	8:16	0.0	9:04	-0.3	7:21	4:31	
27	Sat	2:40	2.8	2:40	3.3	8:58	0.0	9:46	-0.2	7:21	4:32	
28	Sun	3:34	2.8	3:28	3.2	9:40	0.0	10:28	-0.2	7:22	4:33	
29	Mon	4:28	2.9	4:28	3.1	10:34	0.1	11:16	-0.1	7:22	4:33	
30	Tue	5:16	3.1	5:22	2.9	11:46	0.2			7:22	4:34	
31	Wed	6:10	3.2	6:22	2.8	12:16	-0.1	12:58	0.2	7:22	4:35	