US HARBORS www.USHarbors.com

Poughkeepsie, NY - Jan 2065

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	7:10	3.3	7:22	2.7	1:16	0.0	2:10	0.1	7:22	4:36	
2	Fri	8:10	3.3	8:34	2.7	2:16	-0.1	3:10	0.0	7:22	4:37	
3	Sat	9:16	3.4	9:46	2.7	3:16	-0.2	4:10	-0.2	7:22	4:38	
4	Sun	10:16	3.6	10:46	2.8	4:16	-0.2	5:04	-0.3	7:22	4:39	
5	Mon	11:10	3.7	11:40	3.0	5:10	-0.3	5:58	-0.5	7:22	4:40	
6	Tue			12:04	3.7	6:04	-0.4	6:52	-0.6	7:22	4:41	
7	Wed	12:28	3.0	12:46	3.7	6:58	-0.4	7:34	-0.6	7:22	4:42	
8	Thu	1:22	3.0	1:34	3.6	7:46	-0.3	8:22	-0.6	7:22	4:43	
9	Fri	2:10	3.0	2:22	3.4	8:28	-0.2	9:04	-0.5	7:21	4:44	
10	Sat	2:58	2.9	3:10	3.2	9:16	-0.1	9:40	-0.3	7:21	4:45	
11	Sun	3:46	2.9	3:58	3.0	9:58	0.1	10:22	-0.1	7:21	4:46	
12	Mon	4:34	2.8	4:46	2.8	10:46	0.3	11:04	0.1	7:21	4:47	
13	Tue	5:16	2.8	5:28	2.6	11:40	0.5	11:46	0.3	7:20	4:48	
14	Wed	5:58	2.7	6:16	2.4			12:40	0.6	7:20	4:49	
15	Thu	6:46	2.7	7:10	2.2	12:40	0.4	1:46	0.6	7:19	4:50	
16	Fri	7:34	2.7	8:04	2.2	1:34	0.5	2:40	0.5	7:19	4:52	
17	Sat	8:28	2.7	9:10	2.2	2:28	0.4	3:34	0.4	7:18	4:53	
18	Sun	9:28	2.8	10:04	2.3	3:22	0.4	4:22	0.3	7:18	4:54	
19	Mon	10:16	3.0	10:52	2.5	4:10	0.3	5:10	0.1	7:17	4:55	
20	Tue	10:58	3.2	11:34	2.6	4:58	0.1	5:52	-0.1	7:16	4:56	
21	Wed	11:40	3.3			5:46	0.0	6:34	-0.3	7:16	4:58	
22	Thu	12:10	2.8	12:16	3.4	6:28	-0.2	7:16	-0.4	7:15	4:59	
23	Fri	12:52	2.9	12:52	3.5	7:16	-0.3	7:58	-0.5	7:14	5:00	
24	Sat	1:34	3.0	1:34	3.5	7:58	-0.4	8:40	-0.6	7:14	5:01	
25	Sun	2:16	3.1	2:22	3.4	8:46	-0.4	9:16	-0.5	7:13	5:02	
26	Mon	3:04	3.2	3:10	3.2	9:28	-0.3	9:58	-0.5	7:12	5:04	
27	Tue	3:58	3.2	4:10	3.0	10:22	-0.2	10:46	-0.3	7:11	5:05	
28	Wed	4:52	3.3	5:04	2.8	11:28	0.0	11:40	-0.1	7:10	5:06	
29	Thu	5:46	3.2	6:04	2.7			12:40	0.1	7:09	5:08	
30	Fri	6:46	3.2	7:10	2.5	12:52	0.0	1:52	0.1	7:08	5:09	
31	Sat	7:52	3.2	8:28	2.5	1:58	0.0	2:58	0.0	7:07	5:10	