US HARBORS www.USHarbors.com

Poughkeepsie, NY - Mar 2065

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	7:39	3.1	8:18	2.6	1:47	0.2	2:40	0.1	6:29	5:46	
2	Mon	8:50	3.1	9:27	2.7	2:54	0.2	3:39	0.0	6:27	5:47	
3	Tue	9:54	3.1	10:25	2.9	3:53	0.1	4:31	-0.1	6:25	5:49	
4	Wed	10:46	3.3	11:13	3.0	4:46	0.0	5:19	-0.2	6:24	5:50	
5	Thu	11:31	3.3	11:54	3.2	5:35	-0.1	6:03	-0.3	6:22	5:51	
6	Fri			12:11	3.4	6:21	-0.2	6:44	-0.3	6:20	5:52	
7	Sat	12:33	3.3	12:50	3.3	7:05	-0.2	7:22	-0.3	6:19	5:53	
8	Sun	1:10	3.3	2:28	3.2	8:45	-0.2	8:57	-0.2	7:17	6:54	
9	Mon	2:46	3.3	3:07	3.0	9:23	-0.1	9:30	-0.1	7:16	6:55	
10	Tue	3:20	3.2	3:46	2.9	9:59	0.0	9:59	0.0	7:14	6:57	
11	Wed	3:55	3.1	4:27	2.7	10:35	0.2	10:26	0.2	7:12	6:58	
12	Thu	4:29	3.0	5:11	2.5	11:11	0.3	10:54	0.4	7:11	6:59	
13	Fri	5:06	2.8	5:58	2.4	11:54	0.5	11:27	0.6	7:09	7:00	
14	Sat	5:48	2.8	6:47	2.3			12:58	0.7	7:07	7:01	
15	Sun	6:37	2.7	7:40	2.2	12:17	0.7	2:12	0.7	7:05	7:02	
16	Mon	7:34	2.7	8:42	2.3	1:44	0.8	3:16	0.6	7:04	7:03	
17	Tue	8:42	2.8	9:47	2.5	3:06	0.7	4:11	0.4	7:02	7:05	
18	Wed	9:55	2.9	10:44	2.7	4:09	0.5	5:00	0.2	7:00	7:06	
19	Thu	10:55	3.1	11:31	3.1	5:04	0.2	5:46	-0.1	6:59	7:07	
20	Fri	11:45	3.4			5:56	-0.1	6:30	-0.3	6:57	7:08	
21	Sat	12:14	3.4	12:30	3.5	6:47	-0.4	7:15	-0.5	6:55	7:09	
22	Sun	12:57	3.7	1:15	3.6	7:38	-0.6	8:00	-0.6	6:54	7:10	
23	Mon	1:40	3.9	2:01	3.5	8:28	-0.7	8:44	-0.6	6:52	7:11	
24	Tue	2:27	4.0	2:51	3.4	9:17	-0.7	9:29	-0.5	6:50	7:12	
25	Wed	3:17	3.9	3:46	3.3	10:06	-0.6	10:15	-0.4	6:48	7:13	
26	Thu	4:13	3.8	4:47	3.1	10:58	-0.4	11:07	-0.1	6:47	7:15	
27	Fri	5:13	3.6	5:51	2.9	11:58	-0.1			6:45	7:16	
28	Sat	6:16	3.4	6:54	2.8	12:08	0.1	1:05	0.1	6:43	7:17	
29	Sun	7:18	3.2	7:58	2.8	1:20	0.4	2:14	0.2	6:42	7:18	
30	Mon	8:22	3.1	9:03	2.8	2:33	0.4	3:18	0.2	6:40	7:19	
31	Tue	9:28	3.0	10:07	2.9	3:38	0.4	4:14	0.1	6:38	7:20	