US HARBORS www.USHarbors.com

Poughkeepsie, NY - Jun 2065

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	11:48	2.8			6:05	0.4	5:55	0.4	5:23	8:24	
2	Tue	12:01	3.5	12:30	2.9	6:49	0.3	6:36	0.4	5:22	8:25	
3	Wed	12:37	3.6	1:11	2.9	7:32	0.2	7:18	0.4	5:22	8:25	
4	Thu	1:11	3.6	1:51	2.9	8:14	0.2	7:59	0.5	5:22	8:26	
5	Fri	1:44	3.5	2:32	2.8	8:54	0.1	8:39	0.5	5:21	8:27	
6	Sat	2:15	3.5	3:14	2.8	9:32	0.1	9:17	0.5	5:21	8:27	
7	Sun	2:49	3.4	3:57	2.8	10:09	0.2	9:54	0.6	5:21	8:28	
8	Mon	3:28	3.4	4:43	2.8	10:46	0.2	10:33	0.6	5:21	8:28	
9	Tue	4:15	3.3	5:29	2.9	11:26	0.3	11:20	0.6	5:20	8:29	
10	Wed	5:08	3.3	6:16	3.1			12:11	0.3	5:20	8:30	
11	Thu	6:04	3.2	7:03	3.2	12:22	0.7	1:04	0.3	5:20	8:30	
12	Fri	7:01	3.1	7:54	3.4	1:37	0.6	2:03	0.3	5:20	8:31	
13	Sat	8:00	3.1	8:51	3.6	2:49	0.5	3:02	0.2	5:20	8:31	
14	Sun	9:07	3.0	9:53	3.8	3:53	0.3	3:59	0.1	5:20	8:31	
15	Mon	10:19	3.0	10:54	4.0	4:53	0.1	4:56	0.0	5:20	8:32	
16	Tue	11:23	3.1	11:50	4.2	5:50	-0.1	5:52	-0.1	5:20	8:32	
17	Wed			12:21	3.2	6:45	-0.2	6:48	-0.1	5:20	8:33	
18	Thu	12:43	4.2	1:17	3.3	7:40	-0.4	7:44	-0.1	5:20	8:33	
19	Fri	1:36	4.2	2:13	3.3	8:32	-0.4	8:39	-0.1	5:21	8:33	
20	Sat	2:29	4.1	3:10	3.3	9:22	-0.4	9:30	0.0	5:21	8:33	
21	Sun	3:24	3.9	4:07	3.3	10:09	-0.3	10:20	0.2	5:21	8:34	
22	Mon	4:19	3.7	5:03	3.3	10:56	-0.2	11:12	0.4	5:21	8:34	
23	Tue	5:13	3.5	5:56	3.3	11:44	0.0			5:22	8:34	
24	Wed	6:05	3.3	6:44	3.2	12:08	0.6	12:34	0.2	5:22	8:34	
25	Thu	6:54	3.1	7:30	3.2	1:08	0.7	1:25	0.4	5:22	8:34	
26	Fri	7:42	2.9	8:16	3.2	2:09	0.8	2:15	0.5	5:23	8:34	
27	Sat	8:32	2.7	9:05	3.2	3:07	0.8	3:04	0.6	5:23	8:34	
28	Sun	9:28	2.6	9:56	3.3	4:00	0.7	3:51	0.6	5:24	8:34	
29	Mon	10:25	2.6	10:46	3.3	4:50	0.6	4:36	0.6	5:24	8:34	
30	Tue	11:18	2.7	11:31	3.4	5:36	0.5	5:21	0.6	5:25	8:34	