US HARBORS www.USHarbors.com

Poughkeepsie, NY - Jul 2065

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed			12:04	2.8	6:21	0.4	6:05	0.5	5:25	8:34	
2	Thu	12:11	3.5	12:47	2.8	7:06	0.3	6:50	0.5	5:26	8:34	
3	Fri	12:48	3.6	1:28	2.9	7:49	0.2	7:35	0.5	5:26	8:33	
4	Sat	1:22	3.6	2:07	2.9	8:30	0.1	8:18	0.4	5:27	8:33	
5	Sun	1:56	3.6	2:47	3.0	9:09	0.0	9:00	0.4	5:27	8:33	
6	Mon	2:32	3.6	3:28	3.0	9:46	0.0	9:40	0.4	5:28	8:32	
7	Tue	3:12	3.5	4:12	3.1	10:22	0.0	10:22	0.4	5:29	8:32	
8	Wed	3:58	3.5	4:59	3.2	10:59	0.1	11:10	0.5	5:29	8:32	
9	Thu	4:50	3.3	5:48	3.4	11:40	0.1			5:30	8:31	
10	Fri	5:46	3.2	6:38	3.5	12:08	0.5	12:30	0.2	5:31	8:31	
11	Sat	6:42	3.1	7:31	3.6	1:18	0.6	1:30	0.2	5:32	8:30	
12	Sun	7:42	3.0	8:29	3.7	2:30	0.5	2:35	0.3	5:32	8:30	
13	Mon	8:50	2.9	9:34	3.8	3:37	0.4	3:39	0.2	5:33	8:29	
14	Tue	10:04	2.9	10:40	3.9	4:38	0.2	4:40	0.2	5:34	8:29	
15	Wed	11:12	3.1	11:39	4.0	5:35	0.0	5:38	0.1	5:35	8:28	
16	Thu			12:11	3.2	6:30	-0.1	6:35	0.0	5:36	8:27	
17	Fri	12:32	4.1	1:05	3.3	7:23	-0.2	7:30	0.0	5:36	8:27	
18	Sat	1:23	4.1	1:57	3.4	8:13	-0.3	8:22	0.0	5:37	8:26	
19	Sun	2:12	4.0	2:48	3.4	9:00	-0.3	9:11	0.1	5:38	8:25	
20	Mon	3:01	3.8	3:39	3.4	9:44	-0.3	9:58	0.2	5:39	8:25	
21	Tue	3:51	3.7	4:30	3.4	10:25	-0.1	10:44	0.4	5:40	8:24	
22	Wed	4:40	3.4	5:18	3.3	11:06	0.1	11:33	0.6	5:41	8:23	
23	Thu	5:30	3.2	6:05	3.3	11:48	0.3			5:42	8:22	
24	Fri	6:18	3.0	6:49	3.2	12:27	0.8	12:32	0.5	5:43	8:21	
25	Sat	7:04	2.8	7:32	3.2	1:27	0.9	1:21	0.7	5:44	8:20	
26	Sun	7:53	2.7	8:19	3.2	2:27	0.9	2:14	0.8	5:45	8:19	
27	Mon	8:48	2.6	9:12	3.2	3:25	0.9	3:08	0.8	5:46	8:18	
28	Tue	9:49	2.6	10:08	3.2	4:17	0.8	4:01	0.8	5:47	8:17	
29	Wed	10:47	2.6	11:00	3.3	5:06	0.7	4:50	0.7	5:47	8:16	
30	Thu	11:37	2.8	11:44	3.5	5:52	0.5	5:38	0.6	5:48	8:15	
31	Fri			12:20	2.9	6:36	0.3	6:24	0.5	5:49	8:14	