US HARBORS www.USHarbors.com

Poughkeepsie, NY - Aug 2065

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	12:23	3.6	1:00	3.1	7:19	0.2	7:11	0.4	5:50	8:13	
2	Sun	12:59	3.7	1:37	3.2	8:00	0.1	7:56	0.3	5:51	8:12	
3	Mon	1:35	3.8	2:15	3.3	8:40	0.0	8:41	0.2	5:52	8:10	
4	Tue	2:13	3.7	2:55	3.4	9:17	-0.1	9:24	0.2	5:53	8:09	
5	Wed	2:54	3.7	3:39	3.5	9:54	-0.1	10:09	0.2	5:54	8:08	
6	Thu	3:41	3.5	4:28	3.6	10:32	0.0	10:57	0.3	5:55	8:07	
7	Fri	4:33	3.4	5:21	3.7	11:13	0.1	11:54	0.4	5:56	8:06	
8	Sat	5:31	3.2	6:16	3.7			12:03	0.2	5:58	8:04	
9	Sun	6:32	3.1	7:13	3.7	1:03	0.5	1:08	0.3	5:59	8:03	
10	Mon	7:34	3.0	8:15	3.7	2:15	0.5	2:19	0.4	6:00	8:02	
11	Tue	8:44	2.9	9:23	3.7	3:23	0.5	3:28	0.4	6:01	8:00	
12	Wed	9:58	3.0	10:30	3.8	4:24	0.3	4:30	0.3	6:02	7:59	
13	Thu	11:05	3.1	11:29	3.9	5:20	0.2	5:28	0.2	6:03	7:57	
14	Fri			12:01	3.3	6:13	0.0	6:22	0.2	6:04	7:56	
15	Sat	12:20	4.0	12:50	3.5	7:02	-0.1	7:15	0.1	6:05	7:55	
16	Sun	1:06	4.0	1:36	3.6	7:49	-0.2	8:04	0.1	6:06	7:53	
17	Mon	1:51	3.9	2:21	3.6	8:33	-0.2	8:50	0.1	6:07	7:52	
18	Tue	2:35	3.8	3:05	3.6	9:13	-0.1	9:33	0.2	6:08	7:50	
19	Wed	3:19	3.6	3:48	3.5	9:50	0.0	10:15	0.4	6:09	7:49	
20	Thu	4:04	3.3	4:33	3.4	10:26	0.2	10:58	0.6	6:10	7:47	
21	Fri	4:52	3.1	5:18	3.3	11:00	0.5	11:44	0.8	6:11	7:46	
22	Sat	5:40	2.9	6:02	3.2	11:35	0.7			6:12	7:44	
23	Sun	6:29	2.8	6:47	3.2	12:40	0.9	12:18	0.9	6:13	7:43	
24	Mon	7:18	2.6	7:33	3.1	1:44	1.0	1:17	1.0	6:14	7:41	
25	Tue	8:12	2.6	8:25	3.1	2:46	1.0	2:25	1.0	6:15	7:39	
26	Wed	9:12	2.6	9:25	3.2	3:43	0.9	3:27	1.0	6:16	7:38	
27	Thu	10:13	2.7	10:24	3.3	4:33	0.8	4:21	0.8	6:17	7:36	
28	Fri	11:05	2.9	11:12	3.5	5:19	0.6	5:11	0.7	6:18	7:35	
29	Sat	11:49	3.1	11:54	3.7	6:02	0.4	5:59	0.5	6:19	7:33	
30	Sun			12:27	3.3	6:44	0.2	6:46	0.3	6:20	7:31	
31	Mon	12:32	3.8	1:05	3.6	7:26	0.0	7:33	0.1	6:21	7:30	