

Poughkeepsie, NY - Jan 2068

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	9:10	3.1	9:35	2.5	3:14	0.2	4:05	0.1	7:22	4:35	
2	Mon	10:03	3.3	10:29	2.7	4:04	0.1	4:55	-0.1	7:22	4:36	
3	Tue	10:50	3.6	11:17	2.9	4:54	-0.1	5:45	-0.3	7:22	4:37	
4	Wed	11:37	3.8			5:46	-0.3	6:34	-0.6	7:22	4:38	
5	Thu	12:04	3.0	12:23	3.9	6:37	-0.5	7:22	-0.7	7:22	4:39	
6	Fri	12:52	3.2	1:12	3.9	7:29	-0.6	8:09	-0.8	7:22	4:40	
7	Sat	1:44	3.3	2:04	3.8	8:19	-0.6	8:55	-0.8	7:22	4:41	
8	Sun	2:39	3.3	3:00	3.6	9:10	-0.5	9:42	-0.7	7:22	4:42	
9	Mon	3:37	3.3	3:58	3.4	10:03	-0.4	10:32	-0.6	7:22	4:43	
10	Tue	4:36	3.3	4:56	3.2	11:03	-0.2	11:28	-0.4	7:21	4:44	
11	Wed	5:33	3.3	5:53	3.0			12:10	0.0	7:21	4:45	
12	Thu	6:29	3.2	6:51	2.8	12:29	-0.2	1:19	0.1	7:21	4:46	
13	Fri	7:27	3.1	7:53	2.7	1:31	-0.1	2:23	0.1	7:20	4:47	
14	Sat	8:29	3.1	8:59	2.6	2:30	-0.1	3:22	0.0	7:20	4:48	
15	Sun	9:30	3.1	9:59	2.7	3:26	-0.1	4:16	-0.1	7:20	4:49	
16	Mon	10:24	3.2	10:51	2.7	4:18	-0.1	5:06	-0.2	7:19	4:51	
17	Tue	11:11	3.3	11:37	2.8	5:06	-0.1	5:53	-0.3	7:19	4:52	
18	Wed	11:52	3.3			5:53	-0.1	6:37	-0.3	7:18	4:53	
19	Thu	12:19	2.9	12:32	3.3	6:37	-0.1	7:19	-0.3	7:18	4:54	
20	Fri	1:00	2.9	1:10	3.2	7:19	-0.1	7:57	-0.3	7:17	4:55	
21	Sat	1:41	2.9	1:47	3.1	7:58	-0.1	8:32	-0.3	7:16	4:57	
22	Sun	2:21	2.9	2:23	3.0	8:35	0.0	9:05	-0.2	7:16	4:58	
23	Mon	3:02	2.8	2:58	2.8	9:10	0.1	9:36	-0.1	7:15	4:59	
24	Tue	3:41	2.8	3:33	2.7	9:45	0.2	10:05	0.1	7:14	5:00	
25	Wed	4:20	2.7	4:10	2.6	10:21	0.4	10:34	0.2	7:13	5:02	
26	Thu	4:57	2.7	4:52	2.4	11:08	0.5	11:11	0.3	7:13	5:03	
27	Fri	5:36	2.7	5:40	2.4			12:17	0.5	7:12	5:04	
28	Sat	6:22	2.8	6:35	2.3	12:10	0.4	1:33	0.5	7:11	5:05	
29	Sun	7:17	2.8	7:42	2.3	1:28	0.4	2:38	0.3	7:10	5:07	
30	Mon	8:24	3.0	8:58	2.4	2:37	0.2	3:36	0.1	7:09	5:08	
31	Tue	9:31	3.2	10:03	2.7	3:37	0.0	4:29	-0.2	7:08	5:09	