

Poughkeepsie, NY - Mar 2068

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	10:07	3.5	10:37	3.2	4:15	-0.2	4:54	-0.4	6:28	5:46	
2	Fri	11:02	3.7	11:27	3.5	5:11	-0.5	5:45	-0.7	6:26	5:48	
3	Sat	11:52	3.8			6:06	-0.7	6:34	-0.8	6:25	5:49	
4	Sun	12:16	3.7	12:41	3.8	6:59	-0.8	7:22	-0.9	6:23	5:50	
5	Mon	1:06	3.8	1:32	3.8	7:50	-0.9	8:09	-0.9	6:22	5:51	
6	Tue	1:56	3.8	2:24	3.6	8:39	-0.8	8:55	-0.8	6:20	5:52	
7	Wed	2:49	3.7	3:20	3.4	9:29	-0.6	9:41	-0.5	6:18	5:53	
8	Thu	3:44	3.6	4:17	3.1	10:22	-0.3	10:32	-0.2	6:17	5:55	
9	Fri	4:41	3.4	5:15	2.9	11:21	-0.1	11:29	0.1	6:15	5:56	
10	Sat	5:37	3.2	6:12	2.7			12:26	0.2	6:13	5:57	
11	Sun	7:33	3.0	8:09	2.6	12:34	0.3	2:32	0.3	7:12	6:58	
12	Mon	8:32	2.8	9:10	2.6	2:40	0.5	3:32	0.3	7:10	6:59	
13	Tue	9:36	2.8	10:11	2.7	3:40	0.4	4:26	0.2	7:08	7:00	
14	Wed	10:35	2.9	11:04	2.8	4:34	0.4	5:13	0.2	7:07	7:01	
15	Thu	11:25	3.0	11:49	3.0	5:22	0.3	5:56	0.1	7:05	7:03	
16	Fri			12:07	3.0	6:07	0.1	6:36	0.0	7:03	7:04	
17	Sat	12:29	3.1	12:45	3.1	6:50	0.0	7:15	-0.1	7:02	7:05	
18	Sun	1:06	3.2	1:20	3.1	7:32	-0.1	7:52	-0.1	7:00	7:06	
19	Mon	1:40	3.3	1:54	3.1	8:12	-0.1	8:28	-0.1	6:58	7:07	
20	Tue	2:12	3.3	2:25	3.0	8:49	-0.1	9:00	0.0	6:57	7:08	
21	Wed	2:42	3.3	2:56	2.9	9:25	-0.1	9:30	0.1	6:55	7:09	
22	Thu	3:10	3.2	3:27	2.8	9:59	0.0	9:58	0.2	6:53	7:10	
23	Fri	3:40	3.2	4:04	2.7	10:34	0.1	10:27	0.3	6:51	7:12	
24	Sat	4:20	3.2	4:52	2.6	11:14	0.2	11:03	0.4	6:50	7:13	
25	Sun	5:11	3.1	5:49	2.6			12:08	0.3	6:48	7:14	
26	Mon	6:10	3.1	6:50	2.6			1:22	0.4	6:46	7:15	
27	Tue	7:14	3.1	7:56	2.7	1:22	0.5	2:35	0.3	6:45	7:16	
28	Wed	8:23	3.1	9:07	2.9	2:49	0.4	3:38	0.1	6:43	7:17	
29	Thu	9:37	3.3	10:16	3.2	3:58	0.2	4:35	-0.1	6:41	7:18	
30	Fri	10:44	3.4	11:15	3.5	4:59	-0.1	5:27	-0.3	6:39	7:19	
31	Sat	11:41	3.6			5:55	-0.4	6:18	-0.5	6:38	7:20	