

Poughkeepsie, NY - Jul 2068

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	2:15	3.7	2:54	3.2	9:09	-0.1	9:09	0.3	5:25	8:34	
2	Mon	2:59	3.6	3:42	3.2	9:49	0.0	9:50	0.4	5:26	8:33	
3	Tue	3:43	3.4	4:30	3.1	10:27	0.1	10:31	0.6	5:26	8:33	
4	Wed	4:28	3.2	5:17	3.1	11:05	0.2	11:13	0.7	5:27	8:33	
5	Thu	5:14	3.1	6:02	3.1	11:44	0.4			5:28	8:33	
6	Fri	5:58	2.9	6:44	3.1	12:01	0.8	12:25	0.5	5:28	8:32	
7	Sat	6:40	2.8	7:25	3.1	12:58	0.9	1:12	0.6	5:29	8:32	
8	Sun	7:23	2.7	8:07	3.1	2:00	1.0	2:04	0.7	5:30	8:32	
9	Mon	8:11	2.6	8:54	3.2	2:59	0.9	2:57	0.7	5:30	8:31	
10	Tue	9:10	2.6	9:47	3.3	3:54	0.7	3:49	0.6	5:31	8:31	
11	Wed	10:14	2.7	10:40	3.5	4:46	0.6	4:40	0.5	5:32	8:30	
12	Thu	11:10	2.8	11:28	3.7	5:35	0.3	5:30	0.4	5:33	8:30	
13	Fri	11:59	3.0			6:24	0.1	6:21	0.3	5:33	8:29	
14	Sat	12:14	3.9	12:44	3.2	7:12	-0.1	7:13	0.1	5:34	8:29	
15	Sun	12:59	4.0	1:31	3.3	8:00	-0.3	8:04	0.0	5:35	8:28	
16	Mon	1:45	4.1	2:20	3.5	8:46	-0.4	8:55	-0.1	5:36	8:27	
17	Tue	2:35	4.1	3:12	3.6	9:31	-0.5	9:45	-0.1	5:37	8:27	
18	Wed	3:28	3.9	4:08	3.7	10:16	-0.4	10:37	0.0	5:38	8:26	
19	Thu	4:25	3.8	5:06	3.7	11:03	-0.3	11:34	0.1	5:38	8:25	
20	Fri	5:24	3.6	6:03	3.7	11:55	-0.2			5:39	8:24	
21	Sat	6:22	3.4	6:59	3.7	12:38	0.3	12:53	0.0	5:40	8:23	
22	Sun	7:19	3.2	7:54	3.7	1:45	0.4	1:55	0.1	5:41	8:23	
23	Mon	8:19	3.1	8:53	3.6	2:51	0.4	2:56	0.2	5:42	8:22	
24	Tue	9:23	3.0	9:56	3.6	3:53	0.3	3:54	0.3	5:43	8:21	
25	Wed	10:27	3.0	10:54	3.7	4:49	0.2	4:49	0.3	5:44	8:20	
26	Thu	11:25	3.1	11:45	3.7	5:41	0.2	5:41	0.3	5:45	8:19	
27	Fri			12:15	3.2	6:30	0.1	6:30	0.3	5:46	8:18	
28	Sat	12:30	3.7	1:00	3.3	7:17	0.0	7:17	0.3	5:47	8:17	
29	Sun	1:12	3.7	1:43	3.3	8:00	0.0	8:02	0.3	5:48	8:16	
30	Mon	1:52	3.7	2:26	3.3	8:41	0.0	8:45	0.3	5:49	8:15	
31	Tue	2:31	3.6	3:08	3.3	9:18	0.1	9:24	0.4	5:50	8:14	