

Poughkeepsie, NY - Aug 2068

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	3:10	3.4	3:51	3.3	9:53	0.2	10:02	0.5	5:51	8:12	
2	Thu	3:50	3.2	4:33	3.2	10:26	0.3	10:40	0.6	5:52	8:11	
3	Fri	4:30	3.1	5:15	3.2	10:57	0.4	11:19	0.8	5:53	8:10	
4	Sat	5:11	2.9	5:56	3.2	11:28	0.6			5:54	8:09	
5	Sun	5:52	2.8	6:35	3.2	12:06	0.9	12:02	0.7	5:55	8:08	
6	Mon	6:36	2.7	7:15	3.2	1:08	1.0	12:52	0.8	5:56	8:06	
7	Tue	7:24	2.7	8:02	3.2	2:16	0.9	2:02	0.8	5:57	8:05	
8	Wed	8:23	2.6	8:59	3.4	3:18	0.8	3:10	0.8	5:58	8:04	
9	Thu	9:32	2.7	10:03	3.5	4:14	0.6	4:10	0.6	5:59	8:03	
10	Fri	10:38	2.9	11:00	3.8	5:06	0.4	5:05	0.4	6:00	8:01	
11	Sat	11:32	3.2	11:52	4.0	5:55	0.1	5:59	0.2	6:01	8:00	
12	Sun			12:21	3.5	6:44	-0.1	6:53	0.0	6:02	7:58	
13	Mon	12:40	4.1	1:09	3.7	7:33	-0.3	7:47	-0.2	6:03	7:57	
14	Tue	1:28	4.2	1:58	3.9	8:20	-0.5	8:39	-0.3	6:04	7:56	
15	Wed	2:18	4.1	2:49	4.0	9:06	-0.5	9:30	-0.3	6:05	7:54	
16	Thu	3:11	4.0	3:44	4.0	9:52	-0.5	10:22	-0.1	6:06	7:53	
17	Fri	4:07	3.8	4:42	3.9	10:39	-0.3	11:17	0.0	6:07	7:51	
18	Sat	5:07	3.6	5:41	3.9	11:30	-0.1			6:08	7:50	
19	Sun	6:06	3.4	6:38	3.8	12:18	0.2	12:28	0.1	6:09	7:48	
20	Mon	7:05	3.2	7:35	3.6	1:25	0.4	1:32	0.3	6:10	7:47	
21	Tue	8:04	3.1	8:34	3.5	2:31	0.5	2:36	0.5	6:11	7:45	
22	Wed	9:07	3.0	9:36	3.5	3:33	0.5	3:37	0.5	6:12	7:44	
23	Thu	10:10	3.0	10:35	3.5	4:29	0.4	4:32	0.5	6:13	7:42	
24	Fri	11:06	3.1	11:26	3.6	5:20	0.3	5:22	0.5	6:14	7:41	
25	Sat	11:54	3.3			6:06	0.2	6:10	0.4	6:15	7:39	
26	Sun	12:10	3.6	12:37	3.4	6:49	0.2	6:55	0.4	6:16	7:37	
27	Mon	12:50	3.6	1:16	3.5	7:30	0.1	7:38	0.3	6:17	7:36	
28	Tue	1:27	3.6	1:54	3.5	8:09	0.1	8:20	0.3	6:18	7:34	
29	Wed	2:03	3.5	2:32	3.5	8:45	0.2	8:59	0.4	6:19	7:33	
30	Thu	2:38	3.4	3:09	3.5	9:18	0.2	9:36	0.4	6:20	7:31	
31	Fri	3:12	3.2	3:45	3.4	9:49	0.4	10:11	0.6	6:21	7:29	