

Poughkeepsie, NY - Sep 2068

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	3:46	3.1	4:20	3.3	10:17	0.5	10:46	0.7	6:22	7:28	
2	Sun	4:23	2.9	4:57	3.3	10:43	0.6	11:26	0.8	6:23	7:26	
3	Mon	5:06	2.8	5:39	3.2	11:13	0.8			6:24	7:24	
4	Tue	5:57	2.7	6:27	3.3	12:21	0.9	11:57 AM	0.9	6:25	7:23	
5	Wed	6:52	2.7	7:20	3.3	1:34	0.9	1:10	0.9	6:26	7:21	
6	Thu	7:52	2.8	8:22	3.4	2:43	0.8	2:38	0.8	6:27	7:19	
7	Fri	9:00	2.9	9:30	3.6	3:43	0.6	3:46	0.6	6:28	7:17	
8	Sat	10:09	3.1	10:34	3.8	4:36	0.4	4:45	0.4	6:29	7:16	
9	Sun	11:07	3.4	11:30	4.0	5:27	0.1	5:41	0.1	6:31	7:14	
10	Mon	11:58	3.8			6:16	-0.2	6:35	-0.1	6:32	7:12	
11	Tue	12:20	4.1	12:46	4.0	7:04	-0.4	7:29	-0.3	6:33	7:11	
12	Wed	1:09	4.2	1:35	4.2	7:53	-0.5	8:22	-0.4	6:34	7:09	
13	Thu	1:59	4.1	2:25	4.3	8:41	-0.5	9:13	-0.3	6:35	7:07	
14	Fri	2:51	4.0	3:19	4.2	9:28	-0.4	10:04	-0.2	6:36	7:05	
15	Sat	3:48	3.8	4:16	4.1	10:15	-0.2	10:58	0.0	6:37	7:04	
16	Sun	4:48	3.6	5:16	3.9	11:06	0.0	11:56	0.2	6:38	7:02	
17	Mon	5:50	3.4	6:15	3.7			12:03	0.3	6:39	7:00	
18	Tue	6:49	3.2	7:13	3.5	1:01	0.4	1:08	0.6	6:40	6:58	
19	Wed	7:48	3.1	8:11	3.4	2:08	0.5	2:14	0.7	6:41	6:57	
20	Thu	8:47	3.1	9:11	3.3	3:09	0.5	3:16	0.7	6:42	6:55	
21	Fri	9:47	3.1	10:10	3.3	4:04	0.5	4:12	0.7	6:43	6:53	
22	Sat	10:42	3.2	11:01	3.4	4:52	0.4	5:01	0.6	6:44	6:51	
23	Sun	11:29	3.4	11:45	3.4	5:36	0.3	5:47	0.5	6:45	6:50	
24	Mon			12:10	3.5	6:17	0.3	6:31	0.4	6:46	6:48	
25	Tue	12:24	3.5	12:47	3.6	6:56	0.2	7:13	0.3	6:47	6:46	
26	Wed	1:00	3.5	1:23	3.7	7:33	0.2	7:54	0.3	6:48	6:44	
27	Thu	1:35	3.4	1:57	3.7	8:10	0.3	8:33	0.3	6:49	6:43	
28	Fri	2:08	3.3	2:29	3.6	8:44	0.3	9:11	0.4	6:50	6:41	
29	Sat	2:40	3.2	2:58	3.5	9:15	0.4	9:47	0.4	6:51	6:39	
30	Sun	3:12	3.1	3:29	3.5	9:44	0.5	10:22	0.5	6:52	6:38	