

Poughkeepsie, NY - Jan 2069

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue	6:34	3.2	6:58	2.9	12:46	-0.2	1:34	0.1	7:22	4:36	
2	Wed	7:34	3.3	8:04	2.8	1:46	-0.2	2:40	0.0	7:22	4:37	
3	Thu	8:40	3.3	9:16	2.8	2:46	-0.2	3:40	-0.2	7:22	4:38	
4	Fri	9:46	3.4	10:16	2.9	3:46	-0.3	4:34	-0.3	7:22	4:39	
5	Sat	10:40	3.5	11:10	3.0	4:40	-0.4	5:28	-0.4	7:22	4:40	
6	Sun	11:28	3.6	11:58	3.1	5:28	-0.4	6:16	-0.5	7:22	4:41	
7	Mon			12:16	3.6	6:22	-0.4	7:04	-0.6	7:22	4:42	
8	Tue	12:46	3.1	12:58	3.5	7:10	-0.4	7:52	-0.6	7:22	4:43	
9	Wed	1:34	3.1	1:46	3.4	7:52	-0.3	8:34	-0.5	7:21	4:44	
10	Thu	2:16	3.0	2:28	3.2	8:34	-0.2	9:10	-0.4	7:21	4:45	
11	Fri	3:04	2.9	3:16	3.1	9:16	0.0	9:52	-0.2	7:21	4:46	
12	Sat	3:52	2.9	3:58	2.9	9:58	0.2	10:28	0.0	7:21	4:47	
13	Sun	4:40	2.8	4:46	2.7	10:40	0.4	11:10	0.2	7:20	4:48	
14	Mon	5:22	2.7	5:28	2.5	11:34	0.5	11:58	0.3	7:20	4:49	
15	Tue	6:10	2.7	6:16	2.4			12:40	0.6	7:19	4:50	
16	Wed	6:52	2.7	7:04	2.3	12:52	0.4	1:40	0.6	7:19	4:52	
17	Thu	7:46	2.7	8:04	2.2	1:46	0.4	2:40	0.5	7:18	4:53	
18	Fri	8:40	2.8	9:04	2.3	2:40	0.4	3:34	0.3	7:18	4:54	
19	Sat	9:34	2.9	10:04	2.4	3:34	0.3	4:22	0.1	7:17	4:55	
20	Sun	10:22	3.1	10:46	2.6	4:22	0.1	5:10	-0.1	7:16	4:56	
21	Mon	11:04	3.4	11:28	2.8	5:10	-0.1	5:52	-0.3	7:16	4:58	
22	Tue	11:46	3.5			5:58	-0.2	6:40	-0.5	7:15	4:59	
23	Wed	12:10	3.0	12:28	3.6	6:46	-0.4	7:22	-0.7	7:14	5:00	
24	Thu	12:52	3.1	1:10	3.7	7:34	-0.5	8:04	-0.7	7:14	5:01	
25	Fri	1:40	3.2	1:58	3.6	8:22	-0.6	8:46	-0.8	7:13	5:02	
26	Sat	2:28	3.3	2:52	3.5	9:04	-0.5	9:34	-0.7	7:12	5:04	
27	Sun	3:22	3.3	3:46	3.3	9:58	-0.4	10:22	-0.6	7:11	5:05	
28	Mon	4:22	3.3	4:46	3.1	10:58	-0.2	11:16	-0.4	7:10	5:06	
29	Tue	5:16	3.3	5:46	2.9			12:04	0.0	7:09	5:08	
30	Wed	6:16	3.2	6:46	2.8	12:16	-0.2	1:16	0.0	7:08	5:09	
31	Thu	7:16	3.1	7:52	2.7	1:22	-0.1	2:22	0.0	7:07	5:10	