

Poughkeepsie, NY - Jan 2070

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	3:47	3.1	4:00	3.2	9:57	-0.1	10:35	-0.3	7:22	4:36	
2	Thu	4:40	3.0	4:52	3.0	10:50	0.1	11:26	-0.1	7:22	4:37	
3	Fri	5:31	2.9	5:42	2.8	11:48	0.3			7:22	4:38	
4	Sat	6:19	2.9	6:31	2.6	12:19	0.1	12:49	0.5	7:22	4:38	
5	Sun	7:08	2.8	7:22	2.5	1:13	0.2	1:49	0.5	7:22	4:39	
6	Mon	8:00	2.8	8:19	2.4	2:06	0.3	2:45	0.4	7:22	4:40	
7	Tue	8:54	2.9	9:18	2.4	2:55	0.3	3:36	0.3	7:22	4:41	
8	Wed	9:46	3.0	10:10	2.5	3:42	0.2	4:23	0.2	7:22	4:42	
9	Thu	10:32	3.1	10:56	2.6	4:26	0.2	5:08	0.0	7:21	4:43	
10	Fri	11:13	3.2	11:36	2.7	5:10	0.1	5:51	-0.1	7:21	4:45	
11	Sat	11:50	3.3			5:54	0.0	6:34	-0.2	7:21	4:46	
12	Sun	12:14	2.7	12:25	3.4	6:36	-0.1	7:15	-0.3	7:21	4:47	
13	Mon	12:49	2.8	12:59	3.4	7:18	-0.1	7:54	-0.4	7:20	4:48	
14	Tue	1:24	2.8	1:33	3.3	7:57	-0.2	8:31	-0.4	7:20	4:49	
15	Wed	2:01	2.9	2:12	3.3	8:36	-0.2	9:08	-0.4	7:19	4:50	
16	Thu	2:42	2.9	2:57	3.2	9:17	-0.1	9:45	-0.4	7:19	4:51	
17	Fri	3:30	3.0	3:48	3.1	10:02	0.0	10:28	-0.3	7:18	4:52	
18	Sat	4:23	3.0	4:45	3.0	10:59	0.1	11:21	-0.2	7:18	4:54	
19	Sun	5:19	3.1	5:44	2.8			12:12	0.2	7:17	4:55	
20	Mon	6:17	3.1	6:46	2.8	12:26	-0.1	1:26	0.1	7:17	4:56	
21	Tue	7:21	3.2	7:55	2.7	1:35	-0.1	2:34	0.0	7:16	4:57	
22	Wed	8:31	3.3	9:08	2.8	2:40	-0.2	3:35	-0.2	7:15	4:58	
23	Thu	9:39	3.4	10:12	3.0	3:40	-0.3	4:32	-0.4	7:14	5:00	
24	Fri	10:38	3.6	11:08	3.1	4:37	-0.5	5:26	-0.6	7:14	5:01	
25	Sat	11:30	3.7	11:59	3.3	5:32	-0.6	6:17	-0.7	7:13	5:02	
26	Sun			12:18	3.7	6:25	-0.6	7:06	-0.8	7:12	5:03	
27	Mon	12:49	3.3	1:05	3.7	7:15	-0.6	7:52	-0.8	7:11	5:05	
28	Tue	1:37	3.3	1:52	3.5	8:02	-0.6	8:36	-0.7	7:10	5:06	
29	Wed	2:25	3.2	2:39	3.3	8:46	-0.4	9:17	-0.5	7:09	5:07	
30	Thu	3:14	3.1	3:27	3.1	9:30	-0.2	9:58	-0.3	7:08	5:09	
31	Fri	4:02	3.0	4:16	2.9	10:15	0.0	10:40	-0.1	7:07	5:10	