

Poughkeepsie, NY - May 2070

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	5:02	3.0	5:57	2.6	11:47	0.5	11:35	0.8	5:51	7:54	
2	Fri	5:48	3.0	6:41	2.7			12:40	0.5	5:50	7:55	
3	Sat	6:37	2.9	7:26	2.7	12:39	0.9	1:42	0.5	5:48	7:56	
4	Sun	7:30	2.9	8:16	2.9	2:03	0.9	2:41	0.5	5:47	7:57	
5	Mon	8:29	3.0	9:13	3.1	3:11	0.7	3:35	0.3	5:46	7:58	
6	Tue	9:35	3.1	10:11	3.4	4:10	0.5	4:26	0.1	5:45	7:59	
7	Wed	10:38	3.2	11:04	3.7	5:04	0.2	5:15	-0.1	5:43	8:00	
8	Thu	11:33	3.4	11:53	4.0	5:57	-0.1	6:05	-0.2	5:42	8:01	
9	Fri			12:24	3.5	6:50	-0.3	6:56	-0.4	5:41	8:02	
10	Sat	12:41	4.2	1:15	3.6	7:42	-0.5	7:47	-0.4	5:40	8:03	
11	Sun	1:30	4.3	2:08	3.6	8:34	-0.6	8:39	-0.4	5:39	8:04	
12	Mon	2:22	4.2	3:05	3.5	9:25	-0.6	9:30	-0.4	5:38	8:05	
13	Tue	3:18	4.1	4:06	3.5	10:16	-0.5	10:22	-0.2	5:37	8:06	
14	Wed	4:19	3.9	5:08	3.4	11:09	-0.4	11:18	0.0	5:36	8:07	
15	Thu	5:21	3.7	6:09	3.4			12:07	-0.2	5:35	8:08	
16	Fri	6:21	3.5	7:05	3.3	12:21	0.3	1:08	0.0	5:34	8:09	
17	Sat	7:18	3.3	8:01	3.3	1:28	0.4	2:09	0.1	5:33	8:10	
18	Sun	8:15	3.2	8:56	3.3	2:33	0.5	3:06	0.1	5:32	8:11	
19	Mon	9:13	3.0	9:52	3.4	3:33	0.4	3:57	0.2	5:31	8:12	
20	Tue	10:12	3.0	10:43	3.5	4:27	0.4	4:45	0.2	5:30	8:13	
21	Wed	11:04	3.0	11:29	3.6	5:16	0.3	5:29	0.2	5:30	8:14	
22	Thu	11:51	3.0			6:03	0.2	6:11	0.2	5:29	8:15	
23	Fri	12:10	3.6	12:33	3.0	6:47	0.1	6:53	0.2	5:28	8:16	
24	Sat	12:48	3.7	1:13	3.0	7:31	0.1	7:34	0.3	5:27	8:17	
25	Sun	1:25	3.7	1:53	3.0	8:12	0.0	8:14	0.3	5:27	8:18	
26	Mon	2:01	3.6	2:33	2.9	8:52	0.0	8:52	0.4	5:26	8:19	
27	Tue	2:36	3.5	3:15	2.9	9:30	0.1	9:27	0.5	5:25	8:20	
28	Wed	3:11	3.4	3:57	2.8	10:06	0.1	10:01	0.6	5:25	8:21	
29	Thu	3:46	3.3	4:41	2.8	10:42	0.2	10:35	0.7	5:24	8:21	
30	Fri	4:25	3.2	5:24	2.8	11:19	0.3	11:13	0.8	5:24	8:22	
31	Sat	5:11	3.1	6:07	2.9			12:02	0.4	5:23	8:23	