

Poughkeepsie, NY - Jun 2070

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	6:01	3.1	6:51	3.0	12:07	0.8	12:54	0.4	5:23	8:24	
2	Mon	6:54	3.1	7:38	3.2	1:24	0.8	1:54	0.4	5:22	8:24	
3	Tue	7:51	3.1	8:32	3.3	2:38	0.7	2:53	0.3	5:22	8:25	
4	Wed	8:55	3.1	9:33	3.6	3:41	0.5	3:49	0.1	5:22	8:26	
5	Thu	10:04	3.2	10:34	3.8	4:40	0.2	4:43	0.0	5:21	8:26	
6	Fri	11:07	3.3	11:30	4.1	5:35	-0.1	5:37	-0.2	5:21	8:27	
7	Sat			12:04	3.4	6:30	-0.3	6:32	-0.3	5:21	8:28	
8	Sun	12:22	4.3	12:58	3.5	7:25	-0.5	7:27	-0.4	5:21	8:28	
9	Mon	1:14	4.3	1:53	3.6	8:18	-0.6	8:21	-0.4	5:21	8:29	
10	Tue	2:08	4.3	2:51	3.6	9:09	-0.6	9:14	-0.3	5:20	8:29	
11	Wed	3:04	4.1	3:50	3.6	9:59	-0.6	10:07	-0.2	5:20	8:30	
12	Thu	4:03	3.9	4:51	3.5	10:50	-0.4	11:00	0.1	5:20	8:30	
13	Fri	5:02	3.7	5:48	3.5	11:43	-0.2	11:58	0.3	5:20	8:31	
14	Sat	5:59	3.5	6:42	3.4			12:39	0.0	5:20	8:31	
15	Sun	6:53	3.3	7:34	3.4	1:01	0.5	1:35	0.1	5:20	8:32	
16	Mon	7:45	3.1	8:24	3.4	2:04	0.6	2:31	0.2	5:20	8:32	
17	Tue	8:38	2.9	9:16	3.4	3:04	0.6	3:22	0.3	5:20	8:32	
18	Wed	9:35	2.8	10:09	3.4	3:59	0.5	4:10	0.4	5:20	8:33	
19	Thu	10:31	2.8	10:57	3.5	4:49	0.5	4:55	0.4	5:21	8:33	
20	Fri	11:21	2.8	11:41	3.6	5:35	0.4	5:38	0.4	5:21	8:33	
21	Sat			12:06	2.9	6:20	0.3	6:21	0.4	5:21	8:34	
22	Sun	12:22	3.6	12:48	2.9	7:04	0.2	7:04	0.4	5:21	8:34	
23	Mon	1:00	3.6	1:29	3.0	7:47	0.1	7:46	0.4	5:22	8:34	
24	Tue	1:36	3.6	2:09	3.0	8:28	0.1	8:27	0.4	5:22	8:34	
25	Wed	2:11	3.6	2:48	3.0	9:06	0.1	9:06	0.5	5:22	8:34	
26	Thu	2:44	3.5	3:27	2.9	9:43	0.1	9:42	0.5	5:23	8:34	
27	Fri	3:19	3.4	4:07	2.9	10:18	0.1	10:18	0.6	5:23	8:34	
28	Sat	3:57	3.3	4:48	3.0	10:53	0.2	10:57	0.6	5:23	8:34	
29	Sun	4:43	3.3	5:32	3.1	11:31	0.2	11:47	0.7	5:24	8:34	
30	Mon	5:34	3.2	6:19	3.2			12:17	0.3	5:24	8:34	