

Poughkeepsie, NY - Aug 2070

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	8:14	3.1	8:47	3.7	2:59	0.5	3:00	0.2	5:50	8:13	
2	Sat	9:25	3.1	9:56	3.8	4:02	0.3	4:03	0.1	5:51	8:12	
3	Sun	10:35	3.3	11:00	4.0	5:00	0.1	5:03	0.0	5:52	8:11	
4	Mon	11:36	3.5	11:57	4.1	5:55	-0.1	6:00	-0.1	5:53	8:10	
5	Tue			12:30	3.6	6:48	-0.3	6:55	-0.2	5:54	8:08	
6	Wed	12:48	4.2	1:22	3.7	7:39	-0.4	7:49	-0.2	5:55	8:07	
7	Thu	1:38	4.1	2:13	3.8	8:28	-0.5	8:40	-0.2	5:56	8:06	
8	Fri	2:27	4.0	3:03	3.8	9:14	-0.4	9:28	-0.1	5:57	8:05	
9	Sat	3:17	3.8	3:54	3.7	9:58	-0.3	10:15	0.1	5:58	8:03	
10	Sun	4:08	3.6	4:46	3.6	10:41	-0.1	11:02	0.3	5:59	8:02	
11	Mon	4:59	3.4	5:36	3.5	11:25	0.2	11:53	0.6	6:00	8:01	
12	Tue	5:50	3.2	6:24	3.4			12:12	0.5	6:01	7:59	
13	Wed	6:40	3.0	7:11	3.3	12:50	0.7	1:04	0.7	6:02	7:58	
14	Thu	7:29	2.8	7:59	3.3	1:50	0.8	2:00	0.8	6:03	7:56	
15	Fri	8:21	2.7	8:51	3.2	2:49	0.9	2:55	0.8	6:04	7:55	
16	Sat	9:19	2.7	9:47	3.3	3:44	0.8	3:48	0.8	6:05	7:53	
17	Sun	10:18	2.8	10:40	3.4	4:33	0.7	4:37	0.7	6:07	7:52	
18	Mon	11:10	2.9	11:26	3.5	5:19	0.5	5:23	0.6	6:08	7:51	
19	Tue	11:54	3.1			6:03	0.4	6:09	0.5	6:09	7:49	
20	Wed	12:07	3.6	12:33	3.2	6:45	0.2	6:53	0.4	6:10	7:48	
21	Thu	12:44	3.7	1:09	3.3	7:27	0.1	7:37	0.3	6:11	7:46	
22	Fri	1:19	3.7	1:43	3.4	8:07	0.0	8:20	0.2	6:12	7:44	
23	Sat	1:54	3.7	2:18	3.5	8:45	0.0	9:03	0.2	6:13	7:43	
24	Sun	2:32	3.7	2:56	3.6	9:23	-0.1	9:45	0.2	6:14	7:41	
25	Mon	3:14	3.6	3:40	3.6	10:00	0.0	10:29	0.3	6:15	7:40	
26	Tue	4:04	3.5	4:32	3.7	10:40	0.1	11:20	0.4	6:16	7:38	
27	Wed	5:01	3.3	5:29	3.7	11:26	0.2			6:17	7:37	
28	Thu	6:02	3.2	6:29	3.7	12:23	0.5	12:25	0.3	6:18	7:35	
29	Fri	7:04	3.2	7:30	3.7	1:34	0.5	1:37	0.4	6:19	7:33	
30	Sat	8:08	3.2	8:36	3.7	2:44	0.5	2:48	0.4	6:20	7:32	
31	Sun	9:17	3.2	9:45	3.7	3:47	0.3	3:53	0.3	6:21	7:30	