

Poughkeepsie, NY - Sep 2070

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	10:24	3.4	10:49	3.8	4:44	0.1	4:52	0.1	6:22	7:28	
2	Tue	11:24	3.6	11:44	4.0	5:37	0.0	5:47	0.0	6:23	7:27	
3	Wed			12:15	3.8	6:28	-0.2	6:40	-0.1	6:24	7:25	
4	Thu	12:33	4.0	1:03	3.9	7:16	-0.3	7:31	-0.1	6:25	7:23	
5	Fri	1:19	4.0	1:49	3.9	8:03	-0.3	8:19	-0.1	6:26	7:22	
6	Sat	2:04	3.9	2:34	3.9	8:46	-0.2	9:05	0.0	6:27	7:20	
7	Sun	2:49	3.7	3:19	3.8	9:28	-0.1	9:49	0.2	6:28	7:18	
8	Mon	3:36	3.5	4:06	3.6	10:07	0.1	10:32	0.3	6:29	7:17	
9	Tue	4:25	3.3	4:54	3.5	10:46	0.4	11:17	0.6	6:30	7:15	
10	Wed	5:15	3.1	5:43	3.4	11:26	0.6			6:31	7:13	
11	Thu	6:06	2.9	6:31	3.3	12:07	0.8	12:12	0.8	6:32	7:11	
12	Fri	6:56	2.8	7:19	3.2	1:06	0.9	1:11	1.0	6:33	7:10	
13	Sat	7:47	2.7	8:09	3.1	2:08	0.9	2:14	1.0	6:34	7:08	
14	Sun	8:42	2.7	9:04	3.2	3:05	0.9	3:13	1.0	6:35	7:06	
15	Mon	9:41	2.8	10:01	3.2	3:57	0.8	4:06	0.9	6:36	7:04	
16	Tue	10:35	3.0	10:51	3.4	4:44	0.6	4:55	0.7	6:37	7:03	
17	Wed	11:20	3.2	11:34	3.5	5:27	0.4	5:41	0.5	6:38	7:01	
18	Thu	11:59	3.4			6:09	0.2	6:26	0.4	6:39	6:59	
19	Fri	12:13	3.7	12:35	3.6	6:51	0.1	7:12	0.2	6:40	6:57	
20	Sat	12:50	3.8	1:10	3.8	7:32	0.0	7:57	0.1	6:41	6:56	
21	Sun	1:29	3.8	1:47	3.9	8:14	-0.1	8:43	0.0	6:42	6:54	
22	Mon	2:10	3.7	2:28	4.0	8:55	-0.1	9:28	0.0	6:43	6:52	
23	Tue	2:56	3.6	3:15	4.0	9:37	-0.1	10:16	0.0	6:44	6:51	
24	Wed	3:50	3.5	4:10	3.9	10:21	0.0	11:08	0.2	6:45	6:49	
25	Thu	4:51	3.4	5:13	3.8	11:11	0.2			6:46	6:47	
26	Fri	5:56	3.3	6:18	3.7	12:10	0.3	12:13	0.3	6:47	6:45	
27	Sat	7:00	3.2	7:21	3.6	1:19	0.4	1:26	0.5	6:49	6:44	
28	Sun	8:03	3.2	8:26	3.6	2:27	0.4	2:37	0.5	6:50	6:42	
29	Mon	9:08	3.3	9:32	3.6	3:29	0.3	3:42	0.4	6:51	6:40	
30	Tue	10:12	3.5	10:34	3.7	4:25	0.1	4:40	0.2	6:52	6:38	