

Poughkeepsie, NY - Jul 2021

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	4:01	4.0	4:49	3.6	10:49	-0.5	11:02	0.0	5:25	8:34	
2	Thu	5:01	3.8	5:47	3.6	11:41	-0.3			5:25	8:34	
3	Fri	5:59	3.6	6:42	3.6	12:02	0.2	12:38	-0.1	5:26	8:33	
4	Sat	6:55	3.4	7:35	3.6	1:06	0.3	1:36	0.0	5:27	8:33	
5	Sun	7:49	3.2	8:28	3.5	2:10	0.4	2:33	0.2	5:27	8:33	
6	Mon	8:45	3.0	9:23	3.5	3:11	0.4	3:27	0.3	5:28	8:33	
7	Tue	9:44	2.9	10:17	3.5	4:07	0.4	4:18	0.3	5:28	8:32	
8	Wed	10:42	2.9	11:07	3.6	4:59	0.4	5:05	0.4	5:29	8:32	
9	Thu	11:33	2.9	11:52	3.6	5:47	0.3	5:50	0.4	5:30	8:32	
10	Fri			12:18	3.0	6:32	0.2	6:35	0.4	5:31	8:31	
11	Sat	12:33	3.7	1:01	3.0	7:16	0.2	7:19	0.4	5:31	8:31	
12	Sun	1:13	3.7	1:42	3.1	7:59	0.1	8:01	0.4	5:32	8:30	
13	Mon	1:51	3.6	2:23	3.1	8:38	0.1	8:42	0.4	5:33	8:30	
14	Tue	2:28	3.5	3:03	3.0	9:16	0.1	9:20	0.5	5:34	8:29	
15	Wed	3:04	3.4	3:44	3.0	9:51	0.1	9:56	0.6	5:34	8:28	
16	Thu	3:39	3.3	4:23	3.0	10:24	0.2	10:31	0.7	5:35	8:28	
17	Fri	4:16	3.2	5:01	3.0	10:57	0.3	11:08	0.7	5:36	8:27	
18	Sat	4:56	3.1	5:39	3.1	11:30	0.3	11:55	0.8	5:37	8:26	
19	Sun	5:42	3.1	6:19	3.2			12:11	0.4	5:38	8:26	
20	Mon	6:31	3.0	7:05	3.3	1:02	0.8	1:06	0.4	5:39	8:25	
21	Tue	7:26	3.0	7:58	3.5	2:15	0.8	2:11	0.4	5:40	8:24	
22	Wed	8:28	3.0	8:59	3.6	3:22	0.6	3:16	0.3	5:40	8:23	
23	Thu	9:39	3.0	10:07	3.8	4:22	0.4	4:17	0.2	5:41	8:22	
24	Fri	10:48	3.2	11:09	4.0	5:18	0.1	5:16	0.0	5:42	8:21	
25	Sat	11:47	3.4			6:12	-0.1	6:13	-0.2	5:43	8:21	
26	Sun	12:05	4.2	12:42	3.6	7:06	-0.4	7:10	-0.3	5:44	8:20	
27	Mon	12:58	4.3	1:36	3.8	7:58	-0.5	8:06	-0.3	5:45	8:19	
28	Tue	1:51	4.3	2:31	3.8	8:48	-0.6	8:59	-0.3	5:46	8:18	
29	Wed	2:45	4.2	3:27	3.8	9:37	-0.6	9:51	-0.2	5:47	8:17	
30	Thu	3:41	4.0	4:24	3.8	10:25	-0.5	10:43	-0.1	5:48	8:16	
31	Fri	4:39	3.8	5:21	3.8	11:14	-0.3	11:38	0.2	5:49	8:14	