

Poughkeepsie, NY - Jan 2072

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	8:17	3.0	8:50	2.6	2:34	0.2	3:28	0.2	7:22	4:35	
2	Sat	9:17	3.2	9:51	2.8	3:26	0.0	4:20	0.0	7:22	4:36	
3	Sun	10:11	3.5	10:45	2.9	4:18	-0.2	5:12	-0.3	7:22	4:37	
4	Mon	11:01	3.7	11:35	3.1	5:10	-0.4	6:03	-0.5	7:22	4:38	
5	Tue	11:50	3.9			6:03	-0.6	6:54	-0.7	7:22	4:39	
6	Wed	12:25	3.2	12:40	4.0	6:56	-0.7	7:44	-0.9	7:22	4:40	
7	Thu	1:17	3.3	1:32	3.9	7:48	-0.7	8:32	-0.9	7:22	4:41	
8	Fri	2:13	3.3	2:28	3.8	8:39	-0.7	9:21	-0.8	7:22	4:42	
9	Sat	3:11	3.3	3:27	3.6	9:31	-0.5	10:11	-0.7	7:22	4:43	
10	Sun	4:11	3.3	4:26	3.4	10:27	-0.3	11:06	-0.5	7:21	4:44	
11	Mon	5:09	3.3	5:24	3.2	11:30	-0.1			7:21	4:45	
12	Tue	6:05	3.2	6:20	3.0	12:05	-0.3	12:37	0.0	7:21	4:46	
13	Wed	7:00	3.2	7:18	2.8	1:06	-0.2	1:42	0.1	7:20	4:47	
14	Thu	7:58	3.1	8:20	2.6	2:04	-0.1	2:43	0.1	7:20	4:48	
15	Fri	8:57	3.1	9:22	2.6	2:59	-0.1	3:39	0.0	7:20	4:50	
16	Sat	9:52	3.2	10:17	2.6	3:50	-0.1	4:29	-0.1	7:19	4:51	
17	Sun	10:40	3.2	11:04	2.7	4:38	-0.1	5:17	-0.1	7:19	4:52	
18	Mon	11:23	3.3	11:47	2.8	5:24	-0.1	6:02	-0.2	7:18	4:53	
19	Tue			12:04	3.3	6:08	-0.1	6:44	-0.3	7:17	4:54	
20	Wed	12:28	2.8	12:42	3.3	6:50	-0.1	7:25	-0.3	7:17	4:55	
21	Thu	1:07	2.8	1:20	3.3	7:30	-0.1	8:02	-0.3	7:16	4:57	
22	Fri	1:46	2.8	1:56	3.1	8:08	0.0	8:37	-0.3	7:16	4:58	
23	Sat	2:25	2.7	2:32	3.0	8:44	0.0	9:10	-0.2	7:15	4:59	
24	Sun	3:02	2.7	3:07	2.9	9:17	0.2	9:41	-0.1	7:14	5:00	
25	Mon	3:39	2.6	3:43	2.8	9:50	0.3	10:12	0.0	7:13	5:02	
26	Tue	4:14	2.6	4:24	2.7	10:27	0.4	10:46	0.1	7:12	5:03	
27	Wed	4:53	2.7	5:09	2.6	11:19	0.5	11:34	0.2	7:12	5:04	
28	Thu	5:37	2.7	6:01	2.5			12:39	0.5	7:11	5:05	
29	Fri	6:28	2.8	7:00	2.5	12:39	0.2	1:54	0.4	7:10	5:07	
30	Sat	7:28	3.0	8:11	2.5	1:51	0.2	2:58	0.2	7:09	5:08	
31	Sun	8:39	3.1	9:23	2.7	2:55	0.0	3:55	-0.1	7:08	5:09	