

Poughkeepsie, NY - Mar 2072

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue	9:26	3.4	10:07	3.1	3:37	-0.1	4:27	-0.3	6:28	5:47	
2	Wed	10:28	3.6	11:02	3.4	4:35	-0.4	5:20	-0.6	6:26	5:48	
3	Thu	11:22	3.8	11:53	3.6	5:31	-0.6	6:11	-0.8	6:25	5:49	
4	Fri			12:13	3.9	6:26	-0.8	7:01	-0.9	6:23	5:50	
5	Sat	12:43	3.8	1:03	3.8	7:18	-0.9	7:49	-0.9	6:22	5:51	
6	Sun	1:33	3.8	1:54	3.7	8:08	-0.9	8:35	-0.8	6:20	5:52	
7	Mon	2:25	3.8	2:47	3.5	8:57	-0.7	9:20	-0.6	6:18	5:54	
8	Tue	3:18	3.6	3:42	3.3	9:46	-0.5	10:08	-0.4	6:17	5:55	
9	Wed	4:11	3.4	4:38	3.1	10:39	-0.2	10:59	0.0	6:15	5:56	
10	Thu	5:05	3.3	5:33	2.8	11:38	0.1	11:57	0.2	6:13	5:57	
11	Fri	5:58	3.1	6:27	2.7			12:41	0.3	6:12	5:58	
12	Sat	6:51	2.9	7:24	2.5	1:00	0.4	1:44	0.4	6:10	5:59	
13	Sun	8:49	2.8	9:24	2.5	3:01	0.5	3:41	0.4	7:08	7:00	
14	Mon	9:50	2.8	10:24	2.6	3:57	0.5	4:33	0.3	7:07	7:02	
15	Tue	10:46	2.9	11:15	2.7	4:48	0.4	5:19	0.2	7:05	7:03	
16	Wed	11:34	3.0	11:58	2.9	5:35	0.3	6:02	0.1	7:03	7:04	
17	Thu			12:16	3.1	6:19	0.1	6:43	0.0	7:02	7:05	
18	Fri	12:37	3.1	12:54	3.2	7:02	0.0	7:22	-0.1	7:00	7:06	
19	Sat	1:13	3.2	1:29	3.2	7:43	-0.1	8:00	-0.2	6:58	7:07	
20	Sun	1:45	3.2	2:03	3.2	8:23	-0.1	8:36	-0.2	6:56	7:08	
21	Mon	2:14	3.2	2:36	3.1	9:00	-0.1	9:09	-0.1	6:55	7:09	
22	Tue	2:42	3.3	3:09	3.0	9:36	-0.1	9:40	-0.1	6:53	7:10	
23	Wed	3:11	3.3	3:45	2.9	10:12	0.0	10:12	0.0	6:51	7:12	
24	Thu	3:48	3.2	4:30	2.8	10:50	0.1	10:46	0.1	6:50	7:13	
25	Fri	4:34	3.2	5:24	2.8	11:36	0.2	11:31	0.2	6:48	7:14	
26	Sat	5:30	3.2	6:23	2.7			12:42	0.3	6:46	7:15	
27	Sun	6:32	3.2	7:26	2.8	12:36	0.3	1:59	0.3	6:45	7:16	
28	Mon	7:38	3.2	8:33	2.9	2:02	0.4	3:08	0.2	6:43	7:17	
29	Tue	8:52	3.2	9:44	3.1	3:17	0.2	4:08	0.0	6:41	7:18	
30	Wed	10:07	3.4	10:49	3.3	4:22	0.0	5:04	-0.2	6:39	7:19	
31	Thu	11:11	3.5	11:44	3.6	5:21	-0.3	5:56	-0.5	6:38	7:20	