

Poughkeepsie, NY - Mar 2075

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	11:42	3.2			5:48	0.0	6:29	-0.2	6:29	5:46	
2	Sat	12:11	3.0	12:17	3.3	6:32	-0.2	7:08	-0.3	6:28	5:47	
3	Sun	12:45	3.1	12:51	3.4	7:14	-0.3	7:46	-0.4	6:26	5:48	
4	Mon	1:20	3.2	1:28	3.4	7:56	-0.3	8:23	-0.4	6:24	5:49	
5	Tue	1:58	3.3	2:09	3.3	8:37	-0.4	8:59	-0.4	6:23	5:50	
6	Wed	2:40	3.3	2:55	3.2	9:20	-0.3	9:37	-0.3	6:21	5:52	
7	Thu	3:28	3.3	3:49	3.0	10:08	-0.2	10:20	-0.1	6:20	5:53	
8	Fri	4:23	3.3	4:48	2.9	11:07	0.0	11:17	0.0	6:18	5:54	
9	Sat	5:22	3.3	5:51	2.8			12:18	0.1	6:16	5:55	
10	Sun	7:24	3.2	7:57	2.7	12:31	0.2	2:32	0.1	7:15	6:56	
11	Mon	8:32	3.2	9:11	2.7	2:46	0.2	3:39	0.0	7:13	6:57	
12	Tue	9:45	3.2	10:23	2.9	3:54	0.1	4:39	-0.1	7:11	6:58	
13	Wed	10:52	3.4	11:24	3.1	4:55	-0.1	5:34	-0.3	7:10	7:00	
14	Thu	11:48	3.5			5:51	-0.2	6:25	-0.4	7:08	7:01	
15	Fri	12:16	3.3	12:37	3.6	6:43	-0.4	7:13	-0.5	7:06	7:02	
16	Sat	1:03	3.4	1:23	3.6	7:33	-0.4	7:59	-0.6	7:04	7:03	
17	Sun	1:46	3.5	2:07	3.6	8:20	-0.4	8:41	-0.5	7:03	7:04	
18	Mon	2:29	3.5	2:50	3.4	9:05	-0.4	9:21	-0.4	7:01	7:05	
19	Tue	3:11	3.4	3:35	3.2	9:46	-0.3	9:58	-0.2	6:59	7:06	
20	Wed	3:53	3.3	4:21	3.0	10:27	-0.1	10:33	0.0	6:58	7:07	
21	Thu	4:36	3.1	5:09	2.8	11:09	0.1	11:08	0.3	6:56	7:09	
22	Fri	5:20	3.0	5:58	2.6	11:56	0.4	11:46	0.5	6:54	7:10	
23	Sat	6:05	2.9	6:47	2.5			12:53	0.6	6:53	7:11	
24	Sun	6:51	2.8	7:38	2.4	12:37	0.7	1:57	0.7	6:51	7:12	
25	Mon	7:41	2.7	8:35	2.4	1:46	0.8	2:59	0.6	6:49	7:13	
26	Tue	8:40	2.7	9:36	2.4	2:55	0.8	3:54	0.6	6:47	7:14	
27	Wed	9:46	2.7	10:33	2.6	3:54	0.7	4:43	0.4	6:46	7:15	
28	Thu	10:43	2.9	11:20	2.8	4:46	0.5	5:28	0.2	6:44	7:16	
29	Fri	11:30	3.1			5:34	0.3	6:11	0.0	6:42	7:17	
30	Sat	12:01	3.1	12:10	3.3	6:20	0.1	6:53	-0.1	6:41	7:18	
31	Sun	12:37	3.3	12:48	3.4	7:06	-0.1	7:34	-0.3	6:39	7:20	