

Poughkeepsie, NY - Mar 2076

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	8:50	3.3	9:29	2.7	3:00	0.1	3:53	-0.1	6:28	5:47	
2	Mon	9:59	3.5	10:32	3.0	4:03	-0.1	4:49	-0.4	6:26	5:48	
3	Tue	10:57	3.7	11:26	3.3	5:01	-0.4	5:41	-0.6	6:25	5:49	
4	Wed	11:49	3.8			5:57	-0.6	6:32	-0.8	6:23	5:50	
5	Thu	12:16	3.5	12:38	3.9	6:50	-0.7	7:20	-0.8	6:22	5:51	
6	Fri	1:05	3.6	1:27	3.8	7:41	-0.7	8:05	-0.8	6:20	5:52	
7	Sat	1:53	3.6	2:17	3.6	8:29	-0.6	8:49	-0.7	6:18	5:54	
8	Sun	3:42	3.5	4:07	3.4	10:16	-0.5	10:31	-0.4	7:17	6:55	
9	Mon	4:32	3.4	5:00	3.1	11:04	-0.2	11:15	-0.1	7:15	6:56	
10	Tue	5:23	3.2	5:53	2.9	11:56	0.1			7:13	6:57	
11	Wed	6:13	3.1	6:45	2.7	12:02	0.2	12:55	0.3	7:12	6:58	
12	Thu	7:02	2.9	7:38	2.5	12:57	0.4	2:00	0.4	7:10	6:59	
13	Fri	7:55	2.8	8:35	2.4	1:59	0.6	3:02	0.5	7:08	7:00	
14	Sat	8:54	2.7	9:37	2.4	3:02	0.7	3:59	0.5	7:07	7:02	
15	Sun	9:58	2.7	10:36	2.5	3:58	0.6	4:49	0.4	7:05	7:03	
16	Mon	10:55	2.8	11:26	2.7	4:50	0.5	5:34	0.3	7:03	7:04	
17	Tue	11:42	3.0			5:37	0.4	6:16	0.1	7:01	7:05	
18	Wed	12:09	2.9	12:21	3.1	6:21	0.2	6:56	0.0	7:00	7:06	
19	Thu	12:46	3.0	12:57	3.2	7:04	0.1	7:35	-0.1	6:58	7:07	
20	Fri	1:21	3.2	1:29	3.2	7:46	0.0	8:12	-0.2	6:56	7:08	
21	Sat	1:53	3.2	2:00	3.2	8:25	-0.1	8:46	-0.2	6:55	7:09	
22	Sun	2:23	3.3	2:32	3.1	9:04	-0.2	9:18	-0.1	6:53	7:10	
23	Mon	2:54	3.3	3:07	3.1	9:41	-0.1	9:50	-0.1	6:51	7:12	
24	Tue	3:29	3.4	3:49	2.9	10:20	-0.1	10:22	0.0	6:50	7:13	
25	Wed	4:12	3.3	4:39	2.8	11:03	0.0	11:00	0.2	6:48	7:14	
26	Thu	5:04	3.3	5:39	2.7	11:59	0.2	11:52	0.3	6:46	7:15	
27	Fri	6:04	3.3	6:43	2.7			1:12	0.3	6:44	7:16	
28	Sat	7:09	3.2	7:51	2.7	1:12	0.4	2:27	0.3	6:43	7:17	
29	Sun	8:20	3.2	9:05	2.8	2:38	0.4	3:34	0.1	6:41	7:18	
30	Mon	9:35	3.3	10:17	3.0	3:50	0.2	4:33	-0.1	6:39	7:19	
31	Tue	10:44	3.4	11:18	3.3	4:52	0.0	5:27	-0.3	6:38	7:20	