

Poughkeepsie, NY - Jun 2076

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	12:53	3.9	1:22	3.2	7:44	-0.1	7:41	0.1	5:23	8:24	
2	Tue	1:33	3.8	2:07	3.1	8:29	-0.1	8:24	0.2	5:22	8:25	
3	Wed	2:12	3.7	2:53	3.0	9:11	0.0	9:04	0.4	5:22	8:26	
4	Thu	2:53	3.6	3:42	2.9	9:52	0.1	9:43	0.5	5:22	8:26	
5	Fri	3:36	3.4	4:33	2.8	10:33	0.2	10:21	0.7	5:21	8:27	
6	Sat	4:22	3.2	5:24	2.8	11:14	0.4	11:00	0.8	5:21	8:27	
7	Sun	5:10	3.1	6:12	2.8	11:59	0.5	11:47	0.9	5:21	8:28	
8	Mon	5:56	3.0	6:57	2.8			12:48	0.6	5:21	8:29	
9	Tue	6:40	2.9	7:40	2.8	12:48	1.0	1:40	0.6	5:20	8:29	
10	Wed	7:24	2.8	8:24	2.9	1:55	1.0	2:31	0.6	5:20	8:30	
11	Thu	8:12	2.8	9:10	3.1	2:57	0.9	3:18	0.5	5:20	8:30	
12	Fri	9:08	2.8	9:59	3.3	3:53	0.7	4:04	0.4	5:20	8:31	
13	Sat	10:09	2.8	10:45	3.5	4:44	0.5	4:48	0.3	5:20	8:31	
14	Sun	11:04	2.9	11:30	3.8	5:34	0.3	5:34	0.2	5:20	8:32	
15	Mon	11:54	3.0			6:24	0.1	6:21	0.1	5:20	8:32	
16	Tue	12:13	4.0	12:42	3.1	7:15	-0.1	7:12	0.0	5:20	8:32	
17	Wed	12:58	4.1	1:31	3.2	8:06	-0.3	8:04	0.0	5:20	8:33	
18	Thu	1:47	4.2	2:25	3.2	8:56	-0.4	8:56	0.0	5:21	8:33	
19	Fri	2:41	4.1	3:24	3.3	9:45	-0.4	9:48	0.0	5:21	8:33	
20	Sat	3:39	4.0	4:27	3.3	10:35	-0.4	10:42	0.1	5:21	8:33	
21	Sun	4:42	3.9	5:30	3.3	11:27	-0.3	11:43	0.2	5:21	8:34	
22	Mon	5:44	3.7	6:28	3.4			12:24	-0.1	5:21	8:34	
23	Tue	6:41	3.5	7:23	3.5	12:50	0.4	1:23	-0.1	5:22	8:34	
24	Wed	7:37	3.4	8:18	3.5	1:58	0.4	2:22	0.0	5:22	8:34	
25	Thu	8:35	3.2	9:15	3.5	3:03	0.4	3:17	0.1	5:22	8:34	
26	Fri	9:35	3.1	10:11	3.6	4:02	0.3	4:09	0.1	5:23	8:34	
27	Sat	10:34	3.0	11:03	3.7	4:56	0.2	4:57	0.2	5:23	8:34	
28	Sun	11:28	3.0	11:49	3.7	5:47	0.2	5:44	0.2	5:24	8:34	
29	Mon			12:16	3.0	6:36	0.1	6:30	0.3	5:24	8:34	
30	Tue	12:31	3.7	1:01	3.0	7:22	0.1	7:15	0.3	5:25	8:34	