

Poughkeepsie, NY - Aug 2076

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	2:06	3.6	2:46	3.1	9:01	0.2	8:57	0.5	5:51	8:12	
2	Sun	2:42	3.5	3:27	3.1	9:36	0.2	9:34	0.5	5:52	8:11	
3	Mon	3:16	3.4	4:08	3.1	10:09	0.3	10:09	0.6	5:53	8:10	
4	Tue	3:50	3.2	4:47	3.1	10:40	0.3	10:45	0.7	5:54	8:09	
5	Wed	4:25	3.1	5:24	3.1	11:09	0.4	11:24	0.8	5:55	8:08	
6	Thu	5:06	3.0	6:01	3.2	11:41	0.5			5:56	8:06	
7	Fri	5:53	2.9	6:41	3.3	12:16	0.9	12:22	0.6	5:57	8:05	
8	Sat	6:44	2.9	7:28	3.4	1:27	0.9	1:20	0.7	5:58	8:04	
9	Sun	7:42	2.8	8:23	3.5	2:40	0.8	2:31	0.6	5:59	8:02	
10	Mon	8:49	2.8	9:30	3.7	3:45	0.6	3:39	0.5	6:00	8:01	
11	Tue	10:05	2.9	10:37	3.9	4:44	0.4	4:41	0.4	6:01	8:00	
12	Wed	11:12	3.1	11:36	4.1	5:39	0.1	5:40	0.2	6:02	7:58	
13	Thu			12:09	3.4	6:33	-0.1	6:38	0.0	6:03	7:57	
14	Fri	12:30	4.2	1:02	3.6	7:25	-0.3	7:34	-0.2	6:04	7:56	
15	Sat	1:22	4.3	1:55	3.7	8:16	-0.5	8:29	-0.2	6:05	7:54	
16	Sun	2:15	4.3	2:49	3.8	9:04	-0.5	9:21	-0.2	6:06	7:53	
17	Mon	3:09	4.1	3:45	3.8	9:51	-0.5	10:13	-0.1	6:07	7:51	
18	Tue	4:04	3.9	4:41	3.8	10:38	-0.3	11:06	0.1	6:08	7:50	
19	Wed	5:01	3.7	5:37	3.7	11:26	-0.1			6:09	7:48	
20	Thu	5:58	3.5	6:30	3.7	12:05	0.3	12:19	0.2	6:10	7:47	
21	Fri	6:52	3.2	7:22	3.5	1:08	0.5	1:17	0.4	6:11	7:45	
22	Sat	7:47	3.0	8:15	3.4	2:13	0.6	2:16	0.6	6:12	7:44	
23	Sun	8:45	2.9	9:12	3.4	3:15	0.6	3:14	0.7	6:13	7:42	
24	Mon	9:46	2.8	10:10	3.4	4:11	0.6	4:07	0.7	6:14	7:40	
25	Tue	10:44	2.9	11:03	3.4	5:01	0.5	4:57	0.7	6:15	7:39	
26	Wed	11:34	3.0	11:49	3.5	5:47	0.4	5:43	0.6	6:16	7:37	
27	Thu			12:18	3.1	6:31	0.4	6:28	0.6	6:17	7:36	
28	Fri	12:29	3.6	12:58	3.2	7:12	0.3	7:11	0.5	6:18	7:34	
29	Sat	1:06	3.6	1:36	3.3	7:51	0.2	7:53	0.4	6:19	7:32	
30	Sun	1:40	3.6	2:13	3.3	8:28	0.2	8:33	0.4	6:20	7:31	
31	Mon	2:13	3.5	2:48	3.3	9:03	0.2	9:10	0.5	6:21	7:29	