

Poughkeepsie, NY - Oct 2076

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	2:43	3.3	3:08	3.6	9:30	0.3	10:02	0.4	6:53	6:36	
2	Fri	3:21	3.1	3:46	3.6	10:00	0.4	10:42	0.5	6:54	6:34	
3	Sat	4:07	3.0	4:35	3.6	10:34	0.5	11:32	0.6	6:55	6:32	
4	Sun	5:05	2.9	5:34	3.5	11:17	0.6			6:57	6:31	
5	Mon	6:12	2.9	6:38	3.5	12:40	0.7	12:24	0.8	6:58	6:29	
6	Tue	7:19	2.9	7:45	3.5	1:56	0.6	1:57	0.8	6:59	6:27	
7	Wed	8:29	3.0	8:56	3.6	3:04	0.5	3:14	0.6	7:00	6:26	
8	Thu	9:40	3.2	10:06	3.7	4:04	0.3	4:19	0.4	7:01	6:24	
9	Fri	10:44	3.5	11:07	3.9	4:57	0.0	5:16	0.1	7:02	6:22	
10	Sat	11:39	3.8	11:59	4.0	5:48	-0.2	6:11	-0.1	7:03	6:21	
11	Sun			12:27	4.0	6:37	-0.3	7:04	-0.2	7:04	6:19	
12	Mon	12:48	4.0	1:14	4.2	7:25	-0.4	7:56	-0.3	7:05	6:18	
13	Tue	1:36	4.0	2:00	4.2	8:11	-0.4	8:45	-0.3	7:06	6:16	
14	Wed	2:24	3.8	2:46	4.1	8:56	-0.3	9:33	-0.2	7:08	6:14	
15	Thu	3:15	3.6	3:34	3.9	9:39	-0.1	10:20	0.0	7:09	6:13	
16	Fri	4:09	3.3	4:26	3.7	10:22	0.2	11:10	0.3	7:10	6:11	
17	Sat	5:05	3.1	5:20	3.5	11:07	0.5			7:11	6:10	
18	Sun	6:02	2.9	6:14	3.3	12:05	0.5	11:58 AM	0.8	7:12	6:08	
19	Mon	6:57	2.8	7:08	3.2	1:06	0.7	1:01	1.0	7:13	6:07	
20	Tue	7:51	2.8	8:02	3.1	2:09	0.7	2:08	1.1	7:14	6:05	
21	Wed	8:47	2.8	8:59	3.0	3:06	0.7	3:09	1.0	7:16	6:04	
22	Thu	9:43	2.9	9:55	3.1	3:56	0.6	4:02	0.9	7:17	6:02	
23	Fri	10:34	3.0	10:46	3.1	4:40	0.5	4:50	0.7	7:18	6:01	
24	Sat	11:19	3.2	11:29	3.2	5:21	0.4	5:35	0.6	7:19	5:59	
25	Sun	11:57	3.4			5:59	0.3	6:18	0.4	7:20	5:58	
26	Mon	12:06	3.3	12:31	3.6	6:37	0.2	7:00	0.3	7:21	5:57	
27	Tue	12:40	3.3	1:02	3.7	7:14	0.2	7:42	0.2	7:23	5:55	
28	Wed	1:13	3.3	1:32	3.7	7:51	0.1	8:24	0.1	7:24	5:54	
29	Thu	1:46	3.2	2:03	3.8	8:27	0.2	9:05	0.1	7:25	5:53	
30	Fri	2:22	3.2	2:39	3.8	9:03	0.2	9:47	0.1	7:26	5:51	
31	Sat	3:04	3.0	3:23	3.7	9:40	0.3	10:31	0.2	7:27	5:50	