

Poughkeepsie, NY - Dec 2076

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue	3:59	2.9	4:17	3.5	10:12	0.2	11:10	0.0	7:04	4:25	
2	Wed	5:05	2.9	5:21	3.4	11:21	0.3			7:05	4:25	
3	Thu	6:06	3.0	6:22	3.3	12:14	0.0	12:37	0.4	7:06	4:25	
4	Fri	7:05	3.1	7:23	3.2	1:17	0.0	1:48	0.3	7:07	4:25	
5	Sat	8:07	3.3	8:27	3.1	2:15	-0.1	2:51	0.1	7:08	4:25	
6	Sun	9:07	3.4	9:28	3.1	3:09	-0.2	3:48	0.0	7:09	4:25	
7	Mon	10:02	3.6	10:23	3.2	3:59	-0.3	4:41	-0.2	7:09	4:25	
8	Tue	10:50	3.7	11:13	3.2	4:48	-0.3	5:32	-0.3	7:10	4:25	
9	Wed	11:34	3.8	11:59	3.1	5:35	-0.3	6:21	-0.3	7:11	4:25	
10	Thu			12:16	3.7	6:21	-0.2	7:08	-0.3	7:12	4:25	
11	Fri	12:45	3.1	12:57	3.6	7:06	-0.1	7:53	-0.3	7:13	4:25	
12	Sat	1:31	3.0	1:39	3.5	7:48	0.0	8:36	-0.2	7:14	4:25	
13	Sun	2:19	2.8	2:23	3.3	8:29	0.1	9:17	-0.1	7:14	4:25	
14	Mon	3:09	2.7	3:09	3.1	9:08	0.3	9:59	0.1	7:15	4:26	
15	Tue	4:01	2.6	3:58	3.0	9:47	0.5	10:43	0.3	7:16	4:26	
16	Wed	4:51	2.6	4:46	2.8	10:31	0.6	11:31	0.4	7:16	4:26	
17	Thu	5:39	2.6	5:32	2.7	11:27	0.8			7:17	4:26	
18	Fri	6:24	2.6	6:17	2.6	12:24	0.4	12:35	0.8	7:18	4:27	
19	Sat	7:10	2.6	7:04	2.5	1:16	0.4	1:39	0.8	7:18	4:27	
20	Sun	7:58	2.7	7:58	2.5	2:05	0.4	2:37	0.6	7:19	4:28	
21	Mon	8:47	2.9	8:57	2.5	2:51	0.3	3:28	0.4	7:19	4:28	
22	Tue	9:35	3.1	9:52	2.6	3:36	0.2	4:17	0.2	7:20	4:29	
23	Wed	10:18	3.3	10:39	2.7	4:19	0.1	5:06	0.0	7:20	4:29	
24	Thu	11:00	3.5	11:24	2.8	5:04	0.0	5:54	-0.2	7:20	4:30	
25	Fri	11:41	3.7			5:52	-0.2	6:43	-0.4	7:21	4:31	
26	Sat	12:08	2.9	12:25	3.8	6:41	-0.3	7:31	-0.5	7:21	4:31	
27	Sun	12:56	3.0	1:14	3.8	7:30	-0.3	8:19	-0.6	7:21	4:32	
28	Mon	1:48	3.0	2:07	3.8	8:20	-0.4	9:06	-0.6	7:22	4:33	
29	Tue	2:46	3.0	3:05	3.6	9:10	-0.3	9:55	-0.5	7:22	4:34	
30	Wed	3:47	3.0	4:06	3.5	10:05	-0.2	10:48	-0.4	7:22	4:34	
31	Thu	4:49	3.0	5:06	3.3	11:09	0.0	11:45	-0.3	7:22	4:35	