

Poughkeepsie, NY - Mar 2077

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	5:46	3.2	6:17	2.7			12:37	0.2	6:28	5:46	
2	Tue	6:42	3.0	7:17	2.5	12:43	0.2	1:44	0.3	6:27	5:47	
3	Wed	7:42	2.9	8:21	2.5	1:48	0.4	2:47	0.3	6:25	5:49	
4	Thu	8:49	2.8	9:26	2.5	2:49	0.4	3:42	0.2	6:24	5:50	
5	Fri	9:50	2.9	10:20	2.6	3:44	0.4	4:32	0.1	6:22	5:51	
6	Sat	10:40	3.0	11:06	2.8	4:33	0.3	5:17	0.0	6:20	5:52	
7	Sun	11:22	3.1	11:46	2.9	5:19	0.2	5:58	0.0	6:19	5:53	
8	Mon			12:00	3.2	6:03	0.1	6:38	-0.1	6:17	5:54	
9	Tue	12:24	3.0	12:36	3.2	6:44	0.0	7:14	-0.2	6:15	5:56	
10	Wed	1:00	3.1	1:09	3.1	7:24	-0.1	7:48	-0.1	6:14	5:57	
11	Thu	1:34	3.1	1:41	3.0	8:00	0.0	8:20	-0.1	6:12	5:58	
12	Fri	2:06	3.1	2:11	2.9	8:35	0.0	8:48	0.0	6:10	5:59	
13	Sat	2:35	3.1	2:41	2.8	9:08	0.1	9:13	0.1	6:09	6:00	
14	Sun	4:04	3.0	4:15	2.7	10:40	0.2	10:38	0.2	7:07	7:01	
15	Mon	4:38	3.0	4:58	2.6	11:18	0.3	11:09	0.4	7:05	7:02	
16	Tue	5:22	3.0	5:51	2.5			12:10	0.4	7:04	7:04	
17	Wed	6:16	3.0	6:51	2.4			1:30	0.5	7:02	7:05	
18	Thu	7:17	3.0	7:58	2.4	1:09	0.6	2:49	0.4	7:00	7:06	
19	Fri	8:28	3.1	9:16	2.6	2:48	0.5	3:54	0.2	6:59	7:07	
20	Sat	9:47	3.2	10:29	2.8	4:01	0.3	4:51	0.0	6:57	7:08	
21	Sun	10:56	3.4	11:28	3.2	5:03	0.0	5:44	-0.3	6:55	7:09	
22	Mon	11:52	3.7			6:00	-0.3	6:34	-0.5	6:53	7:10	
23	Tue	12:19	3.5	12:43	3.8	6:55	-0.5	7:23	-0.7	6:52	7:11	
24	Wed	1:07	3.8	1:32	3.9	7:48	-0.7	8:11	-0.8	6:50	7:12	
25	Thu	1:55	3.9	2:21	3.8	8:39	-0.7	8:57	-0.8	6:48	7:14	
26	Fri	2:44	3.9	3:12	3.6	9:28	-0.7	9:42	-0.6	6:47	7:15	
27	Sat	3:34	3.8	4:06	3.4	10:17	-0.5	10:26	-0.4	6:45	7:16	
28	Sun	4:27	3.6	5:03	3.1	11:08	-0.3	11:14	-0.1	6:43	7:17	
29	Mon	5:22	3.4	6:01	2.9			12:05	0.0	6:41	7:18	
30	Tue	6:17	3.2	6:58	2.7	12:08	0.3	1:09	0.3	6:40	7:19	
31	Wed	7:13	3.0	7:55	2.6	1:11	0.5	2:15	0.4	6:38	7:20	