

Poughkeepsie, NY - Jul 2078

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	5:31	3.4	6:18	3.2			12:18	0.1	5:25	8:34	
2	Sat	6:27	3.3	7:09	3.4	12:44	0.6	1:13	0.1	5:26	8:34	
3	Sun	7:23	3.2	8:03	3.6	1:57	0.6	2:12	0.1	5:26	8:33	
4	Mon	8:23	3.1	9:02	3.7	3:06	0.4	3:10	0.1	5:27	8:33	
5	Tue	9:30	3.1	10:05	3.8	4:08	0.3	4:07	0.1	5:27	8:33	
6	Wed	10:37	3.1	11:05	4.0	5:06	0.1	5:03	0.0	5:28	8:33	
7	Thu	11:38	3.2	11:59	4.0	6:02	0.0	5:58	0.0	5:29	8:32	
8	Fri			12:34	3.2	6:57	-0.2	6:53	0.0	5:29	8:32	
9	Sat	12:50	4.1	1:27	3.3	7:49	-0.2	7:47	0.0	5:30	8:31	
10	Sun	1:40	4.0	2:20	3.3	8:39	-0.3	8:39	0.1	5:31	8:31	
11	Mon	2:30	3.9	3:13	3.3	9:26	-0.2	9:27	0.2	5:31	8:30	
12	Tue	3:21	3.7	4:07	3.2	10:11	-0.1	10:13	0.4	5:32	8:30	
13	Wed	4:12	3.5	4:59	3.2	10:54	0.0	11:00	0.5	5:33	8:29	
14	Thu	5:03	3.3	5:48	3.2	11:38	0.2	11:50	0.7	5:34	8:29	
15	Fri	5:52	3.1	6:34	3.2			12:24	0.4	5:35	8:28	
16	Sat	6:38	3.0	7:18	3.2	12:47	0.9	1:12	0.6	5:35	8:28	
17	Sun	7:23	2.8	8:02	3.2	1:47	0.9	2:01	0.7	5:36	8:27	
18	Mon	8:11	2.6	8:49	3.2	2:46	0.9	2:49	0.7	5:37	8:26	
19	Tue	9:06	2.6	9:40	3.2	3:41	0.9	3:38	0.7	5:38	8:25	
20	Wed	10:06	2.5	10:31	3.3	4:32	0.7	4:25	0.7	5:39	8:25	
21	Thu	11:02	2.6	11:18	3.5	5:19	0.6	5:11	0.7	5:40	8:24	
22	Fri	11:50	2.7			6:06	0.4	5:57	0.6	5:41	8:23	
23	Sat	12:00	3.6	12:32	2.8	6:52	0.3	6:43	0.5	5:42	8:22	
24	Sun	12:39	3.7	1:12	2.9	7:37	0.1	7:30	0.4	5:43	8:21	
25	Mon	1:17	3.8	1:52	3.0	8:20	0.0	8:16	0.3	5:44	8:20	
26	Tue	1:57	3.8	2:34	3.1	9:01	-0.1	9:01	0.3	5:44	8:19	
27	Wed	2:40	3.8	3:19	3.2	9:41	-0.1	9:46	0.3	5:45	8:18	
28	Thu	3:27	3.7	4:08	3.3	10:21	-0.1	10:33	0.3	5:46	8:17	
29	Fri	4:19	3.6	5:01	3.5	11:03	-0.1	11:26	0.4	5:47	8:16	
30	Sat	5:15	3.5	5:55	3.6	11:49	0.0			5:48	8:15	
31	Sun	6:11	3.3	6:48	3.6	12:30	0.5	12:43	0.1	5:49	8:14	