

Poughkeepsie, NY - Aug 2078

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	7:08	3.2	7:43	3.7	1:41	0.5	1:45	0.2	5:50	8:13	
2	Tue	8:09	3.0	8:43	3.7	2:50	0.5	2:49	0.3	5:51	8:12	
3	Wed	9:17	3.0	9:50	3.7	3:54	0.4	3:51	0.3	5:52	8:11	
4	Thu	10:27	3.0	10:53	3.8	4:53	0.3	4:50	0.2	5:53	8:09	
5	Fri	11:29	3.1	11:49	3.9	5:48	0.1	5:46	0.2	5:54	8:08	
6	Sat			12:23	3.3	6:41	0.0	6:40	0.2	5:55	8:07	
7	Sun	12:39	3.9	1:13	3.3	7:31	-0.1	7:32	0.2	5:56	8:06	
8	Mon	1:26	3.9	2:00	3.4	8:18	-0.1	8:20	0.2	5:57	8:04	
9	Tue	2:11	3.8	2:47	3.4	9:01	-0.1	9:06	0.3	5:58	8:03	
10	Wed	2:55	3.7	3:33	3.4	9:41	0.0	9:48	0.4	5:59	8:02	
11	Thu	3:40	3.5	4:20	3.3	10:19	0.1	10:30	0.5	6:00	8:00	
12	Fri	4:25	3.3	5:05	3.3	10:55	0.3	11:12	0.7	6:01	7:59	
13	Sat	5:11	3.1	5:50	3.2	11:31	0.5			6:02	7:58	
14	Sun	5:57	2.9	6:33	3.2	12:00	0.8	12:10	0.7	6:04	7:56	
15	Mon	6:42	2.7	7:15	3.2	12:58	1.0	12:55	0.9	6:05	7:55	
16	Tue	7:29	2.6	7:59	3.1	2:01	1.0	1:52	1.0	6:06	7:53	
17	Wed	8:22	2.5	8:51	3.2	3:02	1.0	2:52	1.0	6:07	7:52	
18	Thu	9:25	2.5	9:49	3.2	3:58	0.9	3:49	0.9	6:08	7:50	
19	Fri	10:29	2.6	10:45	3.4	4:48	0.7	4:41	0.8	6:09	7:49	
20	Sat	11:21	2.8	11:32	3.6	5:36	0.5	5:31	0.7	6:10	7:47	
21	Sun			12:04	3.0	6:22	0.3	6:19	0.5	6:11	7:46	
22	Mon	12:15	3.8	12:45	3.2	7:06	0.1	7:08	0.3	6:12	7:44	
23	Tue	12:55	3.9	1:24	3.4	7:50	0.0	7:56	0.2	6:13	7:43	
24	Wed	1:37	4.0	2:06	3.6	8:32	-0.2	8:44	0.1	6:14	7:41	
25	Thu	2:21	4.0	2:51	3.7	9:13	-0.2	9:31	0.0	6:15	7:40	
26	Fri	3:09	3.8	3:40	3.8	9:54	-0.2	10:20	0.1	6:16	7:38	
27	Sat	4:01	3.7	4:33	3.8	10:36	-0.1	11:13	0.2	6:17	7:36	
28	Sun	4:58	3.5	5:30	3.8	11:23	0.0			6:18	7:35	
29	Mon	5:58	3.3	6:28	3.8	12:14	0.4	12:18	0.2	6:19	7:33	
30	Tue	6:59	3.1	7:27	3.7	1:25	0.5	1:25	0.4	6:20	7:32	
31	Wed	8:01	3.0	8:30	3.6	2:35	0.5	2:34	0.5	6:21	7:30	