

Poughkeepsie, NY - Mar 2079

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	11:08	3.2	11:34	2.8	5:09	0.2	5:49	-0.1	6:29	5:46	
2	Thu	11:47	3.4			5:55	0.0	6:30	-0.3	6:28	5:47	
3	Fri	12:09	3.0	12:24	3.5	6:40	-0.2	7:10	-0.4	6:26	5:48	
4	Sat	12:44	3.2	1:02	3.5	7:24	-0.3	7:48	-0.5	6:24	5:49	
5	Sun	1:22	3.3	1:43	3.4	8:08	-0.4	8:26	-0.5	6:23	5:50	
6	Mon	2:03	3.4	2:28	3.3	8:51	-0.4	9:04	-0.4	6:21	5:52	
7	Tue	2:49	3.5	3:19	3.1	9:38	-0.3	9:44	-0.3	6:19	5:53	
8	Wed	3:41	3.4	4:17	2.9	10:31	-0.1	10:32	-0.1	6:18	5:54	
9	Thu	4:38	3.4	5:18	2.7	11:37	0.1	11:34	0.1	6:16	5:55	
10	Fri	5:40	3.2	6:22	2.6			12:52	0.2	6:14	5:56	
11	Sat	6:46	3.1	7:32	2.6	12:52	0.3	2:04	0.2	6:13	5:57	
12	Sun	8:59	3.1	9:46	2.7	3:07	0.3	4:08	0.1	7:11	6:58	
13	Mon	10:14	3.1	10:53	2.8	4:14	0.2	5:05	-0.1	7:09	7:00	
14	Tue	11:16	3.3	11:47	3.1	5:12	0.0	5:56	-0.2	7:08	7:01	
15	Wed			12:07	3.4	6:06	-0.1	6:44	-0.3	7:06	7:02	
16	Thu	12:34	3.3	12:52	3.4	6:56	-0.2	7:29	-0.4	7:04	7:03	
17	Fri	1:17	3.4	1:33	3.4	7:43	-0.3	8:10	-0.4	7:03	7:04	
18	Sat	1:57	3.4	2:13	3.3	8:27	-0.3	8:49	-0.3	7:01	7:05	
19	Sun	2:36	3.4	2:53	3.2	9:08	-0.2	9:24	-0.2	6:59	7:06	
20	Mon	3:14	3.4	3:33	3.0	9:46	-0.1	9:57	0.0	6:58	7:07	
21	Tue	3:53	3.3	4:15	2.8	10:24	0.0	10:27	0.2	6:56	7:09	
22	Wed	4:32	3.1	5:00	2.6	11:02	0.2	10:55	0.4	6:54	7:10	
23	Thu	5:14	3.0	5:48	2.4	11:45	0.5	11:25	0.6	6:53	7:11	
24	Fri	5:58	2.8	6:37	2.3			12:40	0.6	6:51	7:12	
25	Sat	6:46	2.7	7:29	2.2	12:08	0.8	1:50	0.7	6:49	7:13	
26	Sun	7:38	2.7	8:28	2.2	1:36	0.9	2:56	0.7	6:47	7:14	
27	Mon	8:41	2.7	9:34	2.3	2:58	0.9	3:53	0.6	6:46	7:15	
28	Tue	9:49	2.8	10:33	2.5	3:59	0.7	4:43	0.4	6:44	7:16	
29	Wed	10:47	3.0	11:19	2.8	4:52	0.5	5:28	0.2	6:42	7:17	
30	Thu	11:34	3.2	11:59	3.1	5:41	0.3	6:11	0.0	6:41	7:19	
31	Fri			12:16	3.4	6:29	0.0	6:53	-0.2	6:39	7:20	