

Poughkeepsie, NY - Jul 2079

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	2:49	4.1	3:37	3.4	9:47	-0.4	9:50	0.0	5:25	8:34	
2	Sun	3:48	3.9	4:36	3.4	10:36	-0.3	10:43	0.2	5:25	8:34	
3	Mon	4:46	3.7	5:33	3.4	11:27	-0.2	11:39	0.4	5:26	8:33	
4	Tue	5:42	3.5	6:26	3.4			12:19	0.0	5:27	8:33	
5	Wed	6:34	3.3	7:15	3.4	12:39	0.6	1:13	0.2	5:27	8:33	
6	Thu	7:24	3.0	8:03	3.3	1:42	0.7	2:05	0.4	5:28	8:33	
7	Fri	8:14	2.8	8:52	3.3	2:43	0.7	2:56	0.5	5:28	8:32	
8	Sat	9:09	2.7	9:43	3.3	3:40	0.7	3:44	0.6	5:29	8:32	
9	Sun	10:07	2.6	10:34	3.4	4:31	0.6	4:29	0.6	5:30	8:32	
10	Mon	11:01	2.6	11:20	3.5	5:19	0.5	5:13	0.6	5:31	8:31	
11	Tue	11:50	2.7			6:04	0.4	5:57	0.6	5:31	8:31	
12	Wed	12:03	3.5	12:33	2.8	6:49	0.4	6:41	0.6	5:32	8:30	
13	Thu	12:42	3.6	1:15	2.8	7:33	0.3	7:26	0.6	5:33	8:30	
14	Fri	1:20	3.6	1:55	2.9	8:15	0.2	8:08	0.5	5:34	8:29	
15	Sat	1:56	3.6	2:34	2.9	8:54	0.1	8:49	0.5	5:34	8:28	
16	Sun	2:30	3.5	3:13	2.9	9:30	0.1	9:26	0.6	5:35	8:28	
17	Mon	3:06	3.5	3:52	2.9	10:05	0.1	10:03	0.6	5:36	8:27	
18	Tue	3:45	3.4	4:32	3.0	10:39	0.2	10:43	0.6	5:37	8:26	
19	Wed	4:29	3.3	5:15	3.1	11:15	0.2	11:30	0.7	5:38	8:26	
20	Thu	5:19	3.2	6:01	3.3	11:55	0.3			5:39	8:25	
21	Fri	6:11	3.1	6:49	3.4	12:33	0.7	12:44	0.3	5:40	8:24	
22	Sat	7:07	3.0	7:41	3.6	1:47	0.7	1:45	0.3	5:41	8:23	
23	Sun	8:07	2.9	8:41	3.7	2:59	0.6	2:50	0.3	5:41	8:22	
24	Mon	9:18	2.9	9:50	3.8	4:04	0.4	3:54	0.3	5:42	8:21	
25	Tue	10:31	3.0	10:56	3.9	5:03	0.2	4:56	0.2	5:43	8:21	
26	Wed	11:35	3.2	11:55	4.1	6:00	0.0	5:55	0.1	5:44	8:20	
27	Thu			12:33	3.3	6:55	-0.2	6:53	0.0	5:45	8:19	
28	Fri	12:50	4.1	1:27	3.5	7:48	-0.3	7:50	-0.1	5:46	8:18	
29	Sat	1:42	4.1	2:21	3.5	8:38	-0.4	8:43	-0.1	5:47	8:17	
30	Sun	2:34	4.0	3:14	3.6	9:25	-0.4	9:33	0.0	5:48	8:15	
31	Mon	3:26	3.9	4:08	3.5	10:10	-0.3	10:21	0.2	5:49	8:14	