

Poughkeepsie, NY - Jan 2080

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	6:37	2.9	6:58	2.6	12:47	0.2	1:49	0.5	7:22	4:35	
2	Tue	7:34	3.1	8:05	2.5	1:48	0.1	2:54	0.3	7:22	4:36	
3	Wed	8:38	3.3	9:18	2.6	2:48	0.0	3:54	0.0	7:22	4:37	
4	Thu	9:43	3.5	10:21	2.8	3:46	-0.1	4:50	-0.2	7:22	4:38	
5	Fri	10:41	3.7	11:18	2.9	4:42	-0.3	5:45	-0.4	7:22	4:39	
6	Sat	11:36	3.9			5:39	-0.4	6:39	-0.6	7:22	4:40	
7	Sun	12:12	3.1	12:29	3.9	6:36	-0.5	7:31	-0.7	7:22	4:41	
8	Mon	1:06	3.1	1:22	3.9	7:31	-0.6	8:20	-0.8	7:22	4:42	
9	Tue	2:02	3.2	2:17	3.7	8:23	-0.6	9:08	-0.8	7:22	4:43	
10	Wed	2:59	3.2	3:13	3.5	9:14	-0.4	9:56	-0.6	7:21	4:44	
11	Thu	3:56	3.2	4:09	3.3	10:07	-0.2	10:46	-0.4	7:21	4:45	
12	Fri	4:51	3.1	5:04	3.1	11:04	0.0	11:39	-0.2	7:21	4:46	
13	Sat	5:43	3.1	5:56	2.8			12:07	0.2	7:20	4:47	
14	Sun	6:33	3.0	6:48	2.6	12:35	0.0	1:12	0.3	7:20	4:48	
15	Mon	7:24	2.9	7:44	2.4	1:30	0.1	2:14	0.3	7:20	4:50	
16	Tue	8:19	2.9	8:45	2.3	2:24	0.2	3:10	0.3	7:19	4:51	
17	Wed	9:16	2.9	9:45	2.3	3:14	0.3	4:02	0.2	7:19	4:52	
18	Thu	10:08	3.0	10:36	2.4	4:01	0.3	4:49	0.1	7:18	4:53	
19	Fri	10:54	3.1	11:20	2.5	4:47	0.2	5:34	0.0	7:17	4:54	
20	Sat	11:35	3.2			5:32	0.2	6:18	-0.1	7:17	4:55	
21	Sun	12:01	2.5	12:13	3.2	6:15	0.1	6:59	-0.1	7:16	4:57	
22	Mon	12:40	2.6	12:49	3.2	6:57	0.1	7:37	-0.2	7:15	4:58	
23	Tue	1:17	2.6	1:24	3.2	7:36	0.1	8:12	-0.2	7:15	4:59	
24	Wed	1:53	2.6	1:56	3.1	8:13	0.1	8:45	-0.2	7:14	5:00	
25	Thu	2:27	2.6	2:28	3.0	8:47	0.1	9:16	-0.2	7:13	5:02	
26	Fri	3:00	2.7	3:04	2.9	9:20	0.2	9:46	-0.1	7:12	5:03	
27	Sat	3:36	2.7	3:46	2.8	9:57	0.2	10:18	0.0	7:12	5:04	
28	Sun	4:18	2.8	4:34	2.7	10:45	0.3	10:58	0.1	7:11	5:05	
29	Mon	5:05	2.9	5:29	2.5	11:55	0.4	11:53	0.1	7:10	5:07	
30	Tue	5:58	3.0	6:29	2.4			1:19	0.4	7:09	5:08	
31	Wed	6:59	3.1	7:40	2.4	1:07	0.2	2:32	0.2	7:08	5:09	