

Poughkeepsie, NY - Jul 2080

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	12:36	3.6	1:07	2.9	7:26	0.2	7:21	0.5	5:25	8:34	
2	Tue	1:16	3.6	1:50	2.9	8:09	0.2	8:04	0.5	5:26	8:33	
3	Wed	1:55	3.6	2:33	2.9	8:50	0.2	8:45	0.6	5:26	8:33	
4	Thu	2:34	3.5	3:16	2.8	9:27	0.2	9:24	0.6	5:27	8:33	
5	Fri	3:13	3.4	4:01	2.8	10:03	0.2	10:00	0.7	5:28	8:33	
6	Sat	3:52	3.3	4:44	2.8	10:37	0.3	10:36	0.8	5:28	8:32	
7	Sun	4:31	3.2	5:24	2.9	11:10	0.4	11:14	0.9	5:29	8:32	
8	Mon	5:11	3.0	6:00	3.0	11:44	0.4			5:30	8:32	
9	Tue	5:53	3.0	6:36	3.1	12:02	0.9	12:22	0.5	5:30	8:31	
10	Wed	6:38	2.9	7:15	3.2	1:07	1.0	1:10	0.5	5:31	8:31	
11	Thu	7:28	2.8	8:02	3.4	2:20	0.9	2:07	0.5	5:32	8:30	
12	Fri	8:28	2.8	8:59	3.5	3:26	0.7	3:08	0.5	5:33	8:30	
13	Sat	9:38	2.8	10:04	3.7	4:26	0.5	4:08	0.4	5:33	8:29	
14	Sun	10:48	2.9	11:07	3.9	5:22	0.3	5:07	0.2	5:34	8:29	
15	Mon	11:49	3.1			6:17	0.1	6:06	0.1	5:35	8:28	
16	Tue	12:04	4.1	12:44	3.2	7:12	-0.2	7:05	0.0	5:36	8:27	
17	Wed	12:58	4.2	1:39	3.4	8:05	-0.3	8:03	-0.1	5:37	8:27	
18	Thu	1:52	4.2	2:35	3.5	8:55	-0.4	8:58	-0.2	5:38	8:26	
19	Fri	2:47	4.1	3:32	3.6	9:43	-0.5	9:51	-0.1	5:39	8:25	
20	Sat	3:44	4.0	4:30	3.6	10:30	-0.4	10:44	0.0	5:39	8:24	
21	Sun	4:41	3.8	5:27	3.7	11:19	-0.3	11:40	0.2	5:40	8:23	
22	Mon	5:38	3.5	6:20	3.6			12:10	-0.1	5:41	8:23	
23	Tue	6:31	3.3	7:10	3.6	12:42	0.4	1:05	0.2	5:42	8:22	
24	Wed	7:24	3.0	8:00	3.5	1:46	0.6	2:01	0.4	5:43	8:21	
25	Thu	8:18	2.8	8:53	3.4	2:50	0.6	2:57	0.5	5:44	8:20	
26	Fri	9:18	2.7	9:49	3.4	3:48	0.6	3:50	0.6	5:45	8:19	
27	Sat	10:20	2.7	10:44	3.4	4:41	0.6	4:40	0.7	5:46	8:18	
28	Sun	11:16	2.7	11:33	3.5	5:30	0.5	5:27	0.7	5:47	8:17	
29	Mon			12:04	2.8	6:17	0.4	6:13	0.6	5:48	8:16	
30	Tue	12:17	3.6	12:46	2.9	7:01	0.3	6:58	0.6	5:49	8:15	
31	Wed	12:57	3.6	1:27	3.0	7:43	0.3	7:42	0.5	5:50	8:14	