

Poughkeepsie, NY - Nov 2080

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	3:27	3.0	3:33	3.7	9:47	0.2	10:51	0.2	7:29	5:49	
2	Sat	4:29	2.9	4:36	3.6	10:36	0.4	11:50	0.3	7:30	5:48	
3	Sun	4:39	2.9	4:47	3.5	10:37	0.5	11:58	0.4	6:31	4:46	
4	Mon	5:45	2.9	5:55	3.4	11:56	0.6			6:32	4:45	
5	Tue	6:47	3.0	7:00	3.4	1:06	0.3	1:16	0.6	6:33	4:44	
6	Wed	7:50	3.2	8:06	3.3	2:07	0.2	2:24	0.4	6:35	4:43	
7	Thu	8:52	3.4	9:09	3.3	3:01	0.0	3:24	0.2	6:36	4:42	
8	Fri	9:48	3.7	10:05	3.4	3:51	-0.1	4:18	0.1	6:37	4:41	
9	Sat	10:36	3.8	10:54	3.4	4:38	-0.2	5:10	-0.1	6:38	4:40	
10	Sun	11:21	4.0	11:40	3.4	5:24	-0.2	5:59	-0.1	6:40	4:39	
11	Mon			12:02	4.0	6:09	-0.2	6:47	-0.2	6:41	4:38	
12	Tue	12:24	3.3	12:43	3.9	6:53	0.0	7:33	-0.1	6:42	4:37	
13	Wed	1:09	3.1	1:24	3.8	7:35	0.1	8:17	0.0	6:43	4:36	
14	Thu	1:55	3.0	2:08	3.6	8:16	0.3	8:59	0.1	6:44	4:35	
15	Fri	2:45	2.8	2:55	3.4	8:54	0.5	9:42	0.3	6:46	4:34	
16	Sat	3:39	2.7	3:46	3.2	9:33	0.7	10:27	0.5	6:47	4:33	
17	Sun	4:35	2.6	4:40	3.0	10:16	0.9	11:19	0.6	6:48	4:33	
18	Mon	5:27	2.5	5:31	2.9	11:13	1.0			6:49	4:32	
19	Tue	6:16	2.6	6:20	2.8	12:16	0.7	12:25	1.1	6:50	4:31	
20	Wed	7:05	2.6	7:09	2.8	1:11	0.6	1:32	1.0	6:52	4:31	
21	Thu	7:54	2.7	8:01	2.8	2:01	0.6	2:29	0.9	6:53	4:30	
22	Fri	8:42	2.9	8:55	2.8	2:46	0.5	3:20	0.7	6:54	4:29	
23	Sat	9:27	3.1	9:45	2.8	3:28	0.3	4:07	0.5	6:55	4:29	
24	Sun	10:07	3.3	10:30	2.9	4:08	0.2	4:53	0.3	6:56	4:28	
25	Mon	10:44	3.6	11:12	3.0	4:48	0.1	5:39	0.1	6:57	4:28	
26	Tue	11:21	3.8	11:53	3.0	5:31	0.0	6:27	-0.1	6:58	4:27	
27	Wed			12:00	3.9	6:16	0.0	7:15	-0.2	6:59	4:27	
28	Thu	12:37	3.0	12:44	3.9	7:03	-0.1	8:02	-0.3	7:01	4:26	
29	Fri	1:26	3.0	1:33	3.8	7:52	-0.1	8:50	-0.2	7:02	4:26	
30	Sat	2:22	2.9	2:30	3.7	8:41	-0.1	9:40	-0.2	7:03	4:26	