

Poughkeepsie, NY - Mar 2081

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	5:01	3.3	5:28	2.7	11:37	0.1	11:49	0.3	6:28	5:46	
2	Sun	5:55	3.1	6:25	2.5			12:45	0.3	6:27	5:47	
3	Mon	6:51	2.9	7:26	2.3	12:55	0.5	1:52	0.4	6:25	5:49	
4	Tue	7:53	2.8	8:33	2.3	2:01	0.6	2:53	0.4	6:23	5:50	
5	Wed	8:59	2.8	9:36	2.4	3:01	0.6	3:46	0.3	6:22	5:51	
6	Thu	9:57	2.9	10:27	2.6	3:54	0.5	4:33	0.2	6:20	5:52	
7	Fri	10:45	3.0	11:10	2.7	4:42	0.3	5:15	0.1	6:19	5:53	
8	Sat	11:25	3.1	11:48	2.9	5:26	0.2	5:55	0.0	6:17	5:54	
9	Sun			1:02	3.2	7:09	0.1	7:32	-0.1	7:15	6:56	
10	Mon	1:22	3.0	1:36	3.2	7:49	0.0	8:08	-0.1	7:14	6:57	
11	Tue	1:54	3.1	2:09	3.1	8:28	0.0	8:41	-0.1	7:12	6:58	
12	Wed	2:23	3.1	2:40	3.0	9:04	0.0	9:11	-0.1	7:10	6:59	
13	Thu	2:49	3.2	3:10	2.9	9:38	0.0	9:38	0.0	7:09	7:00	
14	Fri	3:15	3.2	3:43	2.7	10:11	0.1	10:05	0.1	7:07	7:01	
15	Sat	3:47	3.1	4:23	2.6	10:45	0.2	10:35	0.2	7:05	7:02	
16	Sun	4:28	3.1	5:14	2.5	11:28	0.3	11:14	0.3	7:04	7:04	
17	Mon	5:21	3.1	6:13	2.4			12:33	0.5	7:02	7:05	
18	Tue	6:22	3.1	7:18	2.4	12:09	0.5	1:59	0.5	7:00	7:06	
19	Wed	7:31	3.1	8:31	2.5	1:38	0.5	3:13	0.4	6:58	7:07	
20	Thu	8:49	3.1	9:46	2.7	3:08	0.4	4:14	0.2	6:57	7:08	
21	Fri	10:08	3.3	10:52	3.0	4:17	0.1	5:08	-0.1	6:55	7:09	
22	Sat	11:12	3.5	11:46	3.4	5:18	-0.1	5:59	-0.4	6:53	7:10	
23	Sun			12:06	3.6	6:14	-0.4	6:48	-0.6	6:52	7:11	
24	Mon	12:35	3.7	12:54	3.7	7:08	-0.6	7:35	-0.7	6:50	7:12	
25	Tue	1:22	3.9	1:42	3.7	8:00	-0.7	8:22	-0.7	6:48	7:14	
26	Wed	2:08	4.0	2:30	3.6	8:49	-0.7	9:06	-0.6	6:47	7:15	
27	Thu	2:55	3.9	3:21	3.4	9:37	-0.6	9:49	-0.4	6:45	7:16	
28	Fri	3:44	3.7	4:14	3.1	10:24	-0.4	10:33	-0.1	6:43	7:17	
29	Sat	4:36	3.5	5:10	2.9	11:13	-0.1	11:19	0.2	6:41	7:18	
30	Sun	5:30	3.3	6:08	2.7			12:09	0.2	6:40	7:19	
31	Mon	6:25	3.1	7:04	2.5	12:14	0.6	1:12	0.4	6:38	7:20	