

Poughkeepsie, NY - Mar 2083

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	10:20	3.0	10:53	2.8	4:19	0.2	5:07	0.0	6:29	5:46	
2	Tue	11:03	3.3	11:33	3.0	5:08	0.0	5:50	-0.2	6:27	5:47	
3	Wed	11:43	3.4			5:56	-0.2	6:32	-0.4	6:26	5:48	
4	Thu	12:11	3.3	12:22	3.5	6:44	-0.4	7:13	-0.5	6:24	5:49	
5	Fri	12:50	3.5	1:04	3.5	7:30	-0.5	7:54	-0.6	6:23	5:50	
6	Sat	1:32	3.6	1:49	3.4	8:17	-0.6	8:34	-0.6	6:21	5:52	
7	Sun	2:18	3.7	2:39	3.2	9:03	-0.5	9:15	-0.4	6:19	5:53	
8	Mon	3:09	3.6	3:35	3.0	9:53	-0.3	10:01	-0.2	6:18	5:54	
9	Tue	4:07	3.5	4:37	2.8	10:51	-0.1	10:58	0.0	6:16	5:55	
10	Wed	5:08	3.4	5:41	2.7	11:59	0.1			6:14	5:56	
11	Thu	6:11	3.2	6:47	2.6	12:09	0.2	1:12	0.2	6:13	5:57	
12	Fri	7:17	3.1	7:57	2.6	1:26	0.3	2:20	0.1	6:11	5:58	
13	Sat	8:29	3.1	9:08	2.7	2:35	0.3	3:20	0.0	6:09	6:00	
14	Sun	10:35	3.1	11:09	2.9	4:36	0.1	5:14	-0.1	7:08	7:01	
15	Mon	11:30	3.3	11:58	3.1	5:31	0.0	6:02	-0.2	7:06	7:02	
16	Tue			12:16	3.3	6:21	-0.1	6:47	-0.3	7:04	7:03	
17	Wed	12:40	3.3	12:58	3.4	7:08	-0.2	7:28	-0.3	7:03	7:04	
18	Thu	1:19	3.4	1:37	3.3	7:52	-0.2	8:07	-0.3	7:01	7:05	
19	Fri	1:56	3.4	2:16	3.2	8:34	-0.2	8:43	-0.2	6:59	7:06	
20	Sat	2:31	3.4	2:55	3.1	9:13	-0.2	9:17	-0.1	6:58	7:07	
21	Sun	3:06	3.3	3:35	2.9	9:50	0.0	9:47	0.1	6:56	7:09	
22	Mon	3:40	3.2	4:17	2.7	10:26	0.1	10:16	0.3	6:54	7:10	
23	Tue	4:15	3.0	5:02	2.5	11:02	0.3	10:43	0.4	6:52	7:11	
24	Wed	4:52	2.9	5:50	2.4	11:44	0.5	11:16	0.6	6:51	7:12	
25	Thu	5:35	2.8	6:40	2.3			12:43	0.7	6:49	7:13	
26	Fri	6:25	2.7	7:32	2.3	12:03	0.8	1:55	0.7	6:47	7:14	
27	Sat	7:20	2.7	8:30	2.3	1:25	0.9	3:00	0.7	6:46	7:15	
28	Sun	8:25	2.8	9:32	2.5	2:51	0.8	3:55	0.5	6:44	7:16	
29	Mon	9:36	2.9	10:29	2.8	3:55	0.6	4:43	0.3	6:42	7:17	
30	Tue	10:38	3.1	11:16	3.1	4:50	0.3	5:28	0.1	6:41	7:19	
31	Wed	11:29	3.3			5:42	0.0	6:12	-0.2	6:39	7:20	